



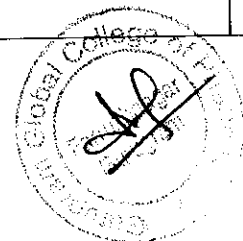
# GURUGRAM GLOBAL COLLEGE OF PHARMACY GURUGRAM

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5.1.2 The capacity development and skills enhancement activities are organized for improving students capability

Life skills (Yoga, physical fitness, health and hygiene, self-employment and entrepreneurial skills)

Academic Year	Name of the capacity development and skills enhancement program	Period (from date - to date)	Number of students enrolled	Name of the agencies/experts involved with contact details (if any)	Remarks
Life Skills					
2022-2023	A Session on Pharma Business Ideas	06-12-2023	80	Dr. Indira Raheja, GGCP	The academic session for the 2022-2023 will end on January 5, 2024, due to a delay in the start of classes by the university
2022-2023	World Heart Day- know your heart	29-09-2023	77	Mr. Rohit Malik, GGCP	The academic session for the 2022-2023 will end on January 5, 2024, due to a delay in the start of classes by the university
2022-2023	Large Pool- Suryanamaskar	09-02-2023	172	GGCP, Ayush Ministry	
2021-2022	Expert talk on mental health	19-11-2022	76	GGCP, Dr. Punit Jain, Fortis Hospital, Okhla	The academic session for 2021-2022 will end on December 28th, 2022, due to a delay in the start of classes by the university.



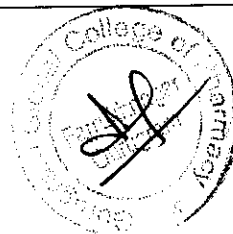


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2021-2022	Seminar on Meditation to Calm anxiety and stress	18-11-2022	116	GGCP (Brahma Kumaris)	The academic session for 2021-2022 will end on December 28th, 2022, due to a delay in the start of classes by the university.
2021-2022	Yoga Session	17-11-2022	96	Acharya Vinod, Patanjali	The academic session for 2021-2022 will end on December 28th, 2022, due to a delay in the start of classes by the university.
2021-2022	CPR Training workshop on N P W	16-11-2022	132	GGCP, FORTISHOSPITAL, Okhla	The academic session for 2021-2022 will end on December 28th, 2022, due to a delay in the start of classes by the university.
2021-2022	Interactive session on Good Clinical Practices	17-06-2022	84	Dr. Suhani Sinha, Head of Manufacturing of Krishat Pharma	
2020-2021	Awareness about Corona and vaccination	25/11/2021, 26/11/2021	81	GGCP, Civil Hospital, Farukhnagar	The academic session for 2020-2021 will end on December 02nd, 2021, due to a delay in the start of classes by the university.
2020-2021	An Expert Lecture on Emergency use regulatory approval pathway - global Perspective	18-06-2021	53	Ms Bharti Khurana, founder director Amarant life science	





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2020-2021	An Expert Lecture on Brain dysfunction in chronic health illness	25-05-2021	77	Dr Vipin K. Parihar, University of California, USA	
2020-2021	Seminar on - Holistic Health	07-04-2021	98	Ms Shivani Rawat,	
2019-2020	Mental health seminar	08-01-2020	66	Dr Indira Raheja, GGCP	
2019-2020	Session on Leadership Quality to enhance your career	25-11-2019	64	GGCP- Major General MP Singh (NDA)	
2018-2019	Life skill on problem solving	21-11-2018	58	Mr Shyam babu, GITM	





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## Report of the Programme Session on Pharma Business Idea

Institute Name:-Gurugram Global College of Pharmacy

Date: - 6<sup>th</sup> December 2023

<b>TYPE OF EVENT</b>	Event
<b>VENUE</b>	Swami Vivekananda Auditorium – C- 2 block
<b>TIME &amp; DURATION</b>	10 AM Onwards
<b>CONDUCTED BY</b>	Gurugram Global College of Pharmacy
<b>ORGANISED FOR</b> (Course name & Semester)	B. Pharmacy students
<b>NAME OF COORDINATOR</b>	Dr. Kanchan Bala Professor
<b>ATTENDANCE</b>	80
<b>OBJECTIVE OF THE EVENT</b>	The event aimed at understanding the process of developing a business idea from concept to presentation as well as gaining insight into market research and analysis to identify opportunities and target audience.
<b>LEARNING OUTCOME</b>	<ol style="list-style-type: none"><li>1. The event aimed at enhancing presentation and communication skills through pitching an innovative concept to potential stakeholders.</li><li>2. Developing teamwork and collaboration abilities by working together to refine and present the event business idea.</li><li>3. Acquiring knowledge about event planning, management, and execution, including logistics, marketing, and budgeting.</li><li>4. Learning how to adapt and respond to feedback and questions from the audience or panellists.</li><li>5. Fostering creativity and critical thinking in designing an event concept that meets the needs and interests of the target audience</li></ol>

### Brief content of the event:

The Gurugram Global College of Pharmacy organized a Session on Pharma business ideas was conducted for B. Pharmacy students. This event was a part of Pharma Fiesta 2024. This event was conducted for students to learn and gain insight into market research and analysis to identify opportunities and target audiences.





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## Report of the programme

### World Heart Day-Know Your Heart

Institute Name: - Gurugram Global College of Pharmacy

Date: - 29<sup>th</sup> September 2023

TYPE OF EVENT	Seminar
VENUE	Swami Vivekanand Auditorium, C-2 Block
TIME & DURATION	10:00 am onwards
CONDUCTED BY	Gurugram Global College of Pharmacy
ORGANISED FOR (Course name)	B. Pharmacy
NAME OF COORDINATOR	Ms. Prity Sharma
ATTENDANCE	77
RESOURCE PERSON	Mr Rohit Malik
(Name of the resource person, Designation, organization)	Assistant Professor (Pharmacology), GPAT Qualified, Gurugram Global College of Pharmacy
OBJECTIVE OF THE EVENT	The objective of the World Heart Day event titled "Know Your Heart" is to raise awareness about cardiovascular health and empower individuals to take proactive steps toward maintaining a healthy heart. Participants will have the opportunity to undergo health screenings, including blood pressure and cholesterol checks, and receive personalized advice based on their risk profile.
LEARNING OUTCOME	During his presentation, he shed light on the. learning outcomes of the World Heart Day "Know Your Heart" are multifaceted and aimed at empowering participants with knowledge and skills to improve their cardiovascular health. Participants will gain a deeper understanding of the risk factors associated with heart disease and learn how lifestyle choices impact heart health.



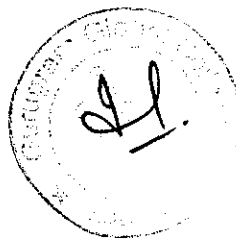


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## Brief content of the event:

The Gurugram Global College of Pharmacy organized a session on World Heart Day- Know Your Heart in the Auditorium- C-2 Block. The seminar was conducted for B. Pharmacy students of Gurugram Global College of Pharmacy. The name of the speaker was Mr Rohit Malik Assistant Professor (Pharmacology), GPAT Qualified, Gurugram Global College of Pharmacy. He shared his extensive insights into the opportunity to undergo health screenings to assess their cardiovascular risk and receive personalized guidance from healthcare professionals. Additionally, the event will feature educational materials, demonstrations, and activities aimed at raising awareness and promoting heart-healthy behaviours. By the end of the session, participants will leave with a better understanding of their heart health and equipped with actionable steps to protect and improve it.





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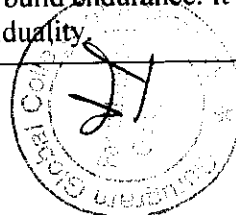
## Report of the Programme

### Large Pool Suryanamaskar

**Institute Name: - Gurugram Global College of Pharmacy**

**Date: - 9<sup>th</sup> February 2023**

TYPE OF EVENT	Life skill program
VENUE	Ground Area GGCP Campus (In Front of the pharmacy department)
TIME & DURATION	9:00 am onwards
CONDUCTED BY	Gurugram Global College of Pharmacy
ORGANISED FOR (Course name & Semester)	B. Pharmacy
NAME OF COORDINATOR	Dr. Kanchan Bala (Professor)
ATTENDANCE	172
RESOURCE PERSON	Dr. Vinod Kumar
(Name of the resource person, Designation, organization)	Ayush Ministry
	B.A.M.S, M.D.U (Rohtak), Dip. In Panchakarma (Kerala), Ayurveda consultant & Panchakarma specialist)
OBJECTIVE OF THE EVENT	The life skill program aimed to provide strength the muscles and joints. Objectives also include toning of entire body, fostering a deeper peaceful soul among students, faculty, and professionals.
LEARNING OUTCOME	During this event, Surya namaskar give the guidance to students and faculty members to calm their minds, improve the concentration and build endurance. It successfully developed the goodness in individuality.





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## Brief content of the event:

The Gurugram Global College of Pharmacy organized a Life Skill Program on 'Large Pool Surya Namaskar' in the Ground area (In front of the pharmacy department). The event was conducted for all students of Gurugram Global College of Pharmacy. The name of the guest was Dr. Vinod Kumar B.A.M.S, M.D.U (Rohtak), Dip. In Panchakarma (Kerala), Ayurveda consultant & Panchakarma specialist). He is a well-known personality in his field. He has more than 20 years of experience. He gave guided students and faculty members to calm their minds, improve their concentration, and build endurance.







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## Report of the Programme Expert Talk on Mental Health

Institute Name:-Gurugram Global College of Pharmacy

Date:-19<sup>th</sup> November 2022

<b>TYPE OF EVENT</b>	Seminar
<b>VENUE</b>	Swami Vivekanand Auditorium, C-2Block
<b>TIME&amp;DURATION</b>	11:00 AM Onwards
<b>CONDUCTEDBY</b>	Gurugram Global College of Pharmacy
<b>ORGANISEDFOR</b> (Course name & Semester)	B. Pharmacy students
<b>NAMEOFCOORDINATOR</b>	Dr. Richa Bajaj Associate Professor
<b>ATTENDANCE</b>	76
<b>RESOURCEPERSON</b> (Name of the Resource person, Designation, organization)	Dr. Puneet Jain Psychologist FORTIS HOSPITAL, OKHLA





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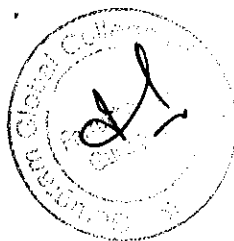
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## Objectives of the Event:

The objective of the events is to make aware the audience about mental health and the program is designed to inform, educate, and engage the audience on issues related to psychological well-being. Here are some important points of this talks. Raising awareness about mental health issues is a primary objective. This includes discussing the prevalence and impact of mental health conditions, debunking myths and stigmas associated with these conditions, and highlighting the importance of recognizing early signs and symptoms. Providing education on what mental health entails and how it affects various aspects of life, including work, relationships, and personal growth. The Dr. Punit has shared effective strategies for maintaining mental health, such as stress management techniques, the importance of regular exercise, healthy eating, and adequate sleep.

## LEARNING OUTCOME

This expert talks able to enhancement of awareness about mental health issues. Attendees have learn about different mental health conditions, their symptoms, and the impact they can have on individuals and communities. Audience also able to understand Treatment Options like what are various treatment modalities, including therapy, medication, and lifestyle changes. Learning about these can help individuals understand the options available for themselves or others who might be struggling. This Talk may encourage more people to seek help and support when needed. Attendees have gain a better understanding of how to maintain mental health, recognize signs of distress in themselves and others, and know where to find resources. Audience was able to know tips on self-care practices and how to build resilience. This can empower attendees to take proactive steps towards their own mental well-being. Overall, this expert talk on mental health have offered valuable insights and practical advice, contributing significantly to personal and community well-being.





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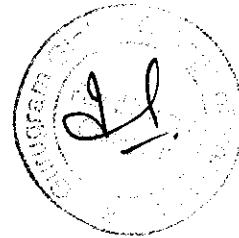
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### **Brief content of the event:**

The Gurugram Global College of Pharmacy organized a seminar on Expert Talk on Mental Health in the Auditorium- C-2 Block. The seminar was conducted for B. Pharmacy students of Gurugram Global College of Pharmacy. The name of the guest speaker was Dr Punit Jain, Fortis Hospital, Okhla, New Delhi. Overall, this expert talk on mental health has offered valuable insights and practical advice, contributing significantly to personal and community well-being.





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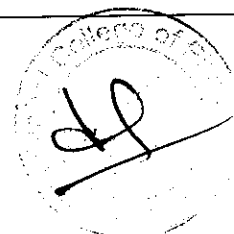
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## Report of the programme Seminar on Meditation to calm anxiety and stress

Institute Name:- Gurugram Global College of Pharmacy

Date:-18<sup>th</sup> November 2022

<b>TYPE OF EVENT</b>	Session
<b>VENUE</b>	Swami Vivekanand C2 Auditorium
<b>TIME&amp;DURATION</b>	11:00 AM onward
<b>CONDUCTED BY</b>	Gurugram Global College of Pharmacy
<b>ORGANISED FOR (Course name&amp; Semester)</b>	B. Pharmacy students
<b>NAME OF COORDINATOR</b>	Dr. Kanchan Bala
<b>ATTENDANCE</b>	116
<b>RESOURCE PERSON</b>	SISTER URMIL
<b>(Name of the resource person, Designation, organization)</b>	Director, Raj yoga Centre, Brahma Kumari- Palam Vihar & Zonal Coordinator-Administrators' Service Wing-RERF (Brahma Kumari)
<b>OBJECTIVE OF THE EVENT</b>	The seminar aimed to provide insights into the deep benefits of meditation and to learn how to calm in difficult situations ,in anxiety and stress. To enforce the development of Soft Skills, fostering a deeper peaceful soul
<b>LEARNING OUTCOME</b>	The seminar on meditation to calm anxiety and stress proved to be an enriching and enlightening experience for all participants. It successfully developed the goodness in individuality, equipping attendees with a deeper understanding of the transformation of your soul into a peaceful soul.





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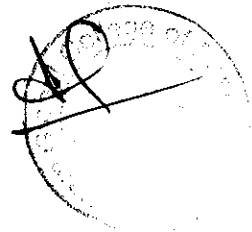
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### **Brief content of the event:**

The Gurugram Global College of Pharmacy organized a seminar on Meditation to calm anxiety and stress in the Auditorium- C-2 Block. The seminar was conducted for B. Pharmacy students of Gurugram Global College of Pharmacy. The name of the guest speaker was B.K. URMIL, Director, Raj Yoga Centre, Brahma Kumari's-Palam Vihar & Zonal Coordinator-Administrators' Service Wing-RERF (Brahma Kumari ). She shared his extensive insights into work on calm and anxiety.





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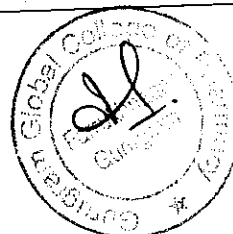
## Report of the programme

### YOGA SESSION

Institute Name:- Gurugram Global College of Pharmacy

Date:-17<sup>th</sup> November 2022

<b>TYPE OF EVENT</b>	Yoga Session
<b>VENUE</b>	College Ground
<b>TIME&amp;DURATION</b>	10:00 AM -12:00 Pm
<b>CONDUCTEDBY</b>	Gurugram Global College of Pharmacy
<b>ORGANISEDFOR</b>	B. Pharmacy students
<b>NAMEOFCOORDINATOR</b>	Dr. Kanchan Bala
<b>ATTENDANCE</b>	96
<b>RESOURCEPERSON</b>	MR VINOD ACHARYA JI
<b>(Name of the resource person, Designation, organization)</b>	INSTRUCTOR -YOG PEETH, HARIDWAR
<b>OBJECTIVE OF THE EVENT</b>	The objectives of the event is to improve flexibility, strength, balance, and endurance. It also improves Mental Clarity and Focus. By doing Breathwork, or pranayama, a person can control the body's energy flow, and maintain emotional balance. Overall can give all the holistic health and growth this is the objective of this event.
<b>LEARNING OUTCOME</b>	These are the outcomes of this event, Acharya ji was able to aware students how they can Enhanced Physical Health Improved flexibility and range of motion. Increased strength and muscle tone. Better balance and coordination. Enhanced cardiovascular health, through a reduction in resting heart rate and blood pressure. Improved respiratory efficiency and lung capacity. Mental and Cognitive Benefits -Greater mental clarity and sharper concentration.





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## **Brief content of the event:**

The Gurugram Global College of Pharmacy organized a Yoga session on the college ground area. The yoga session was conducted for B. Pharmacy students of Gurugram Global College of Pharmacy. The name of the guest speaker was Mr. Vinod Acharya ji, Yoga Instructor, Patanjali Yogpeeth. The session concludes with a period of relaxation and gentle stretching to cool down the body and calm the mind. The bulk of the session consists of practicing yoga asanas, or postures, which may include standing, seated, balancing, and reclining poses.





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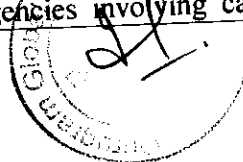
## Report of the programme

### CPR Training workshop on N P W

Institute Name: - Gurugram Global College of Pharmacy

Date: - 16th November 2022

<b>TYPE OF EVENT</b>	Workshop
<b>VENUE</b>	Swami Vivekananda Auditorium - C- 2 block
<b>TIME &amp; DURATION</b>	10:00AM Onwards
<b>CONDUCTED BY</b>	Gurugram Global College of Pharmacy
<b>ORGANISED FOR</b> (Course name & Semester)	B. Pharmacy students
<b>NAME OF COORDINATOR</b>	Dr. Kanchan Bala Mr. Vinod Gahlot Associate professor
<b>ATTENDANCE</b>	132
<b>RESOURCE PERSON</b> (Name of the resource person, Designation, organization)	Dr. Maneesh Aryan Nursing In- charge (Fortis Hospital, Okhla)
<b>OBJECTIVE OF THE EVENT</b>	CPR (Cardiopulmonary Resuscitation) training has objectives that are crucial in emergency situations. How a person should act, Here are the main goals of CPR training. This program aware participants that at the time of cardiac arrest how a person needed to respond effectively in emergencies. This training helps individuals recognize signs of a cardiac arrest, choking, or other medical emergencies that require immediate action. Participants got confidence and readiness to act in stressful situations. Knowing how to perform CPR can reduce hesitation, improve response time, and make the difference in emergency situations. Overall, CPR training is about empowering individuals with the knowledge and skills to act effectively during cardiac and respiratory emergencies, enhancing their ability to contribute to the safety and well-being of others.
<b>LEARNING OUTCOME</b>	The learning outcomes of CPR (Cardiopulmonary Resuscitation) training are designed to ensure that participants are well-equipped to handle emergencies involving cardiac arrest and other life-







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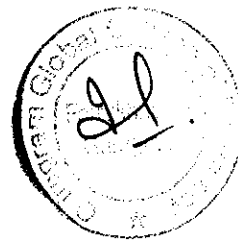
threatening situations. Following are the steps:

- Understanding the Basics of CPR
- Recognition of Cardiac Arrest and Other Emergencies
- Performing High-Quality Chest Compressions
- Providing Rescue Breaths
- Use of Automated External Defibrillators (AED)
- Handling Special Situations

By achieving these outcomes, CPR-trained individuals are better prepared to save lives in critical situations, reflecting an essential commitment to community health and safety.

### **Brief content of the event:**

The Gurugram Global College of Pharmacy organized CPR Training in the C2 Block, Auditorium. The training was conducted for B. Pharmacy students of Gurugram Global College of Pharmacy. The training was given by experts of team members of Fortis Escorts Hospital, Okhla. Participants learn to swiftly recognize the signs of cardiac arrest, including identifying the absence of breathing and unresponsiveness. They are trained to activate the emergency medical services (EMS) system promptly, either by calling for help themselves or delegating the task to others. By the end of the training, NPWs are equipped not only with life-saving skills but also with the confidence to intervene decisively in cardiac arrest situations and potentially save lives.





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## Report of the programme

### An Interactive Session on " Good Clinical Practices

Institute Name:- Gurugram Global College of Pharmacy

Date:-17<sup>th</sup> June 2022

<b>TYPE OF EVENT</b>	Seminar
<b>VENUE</b>	C2 Block -Auditorium
<b>TIME&amp;DURATION</b>	11:00 AM onward
<b>CONDUCTEDBY</b>	Gurugram Global College of Pharmacy
<b>ORGANISEDFOR</b> (Course name & Semester)	B. Pharmacy students
<b>NAMEOFCOORDINATOR</b>	Dr. Richa Bajaj Associate Professor
<b>ATTENDANCE</b>	84
<b>RESOURCE PERSON</b> (Name of the resource person, Designation, organization)	Dr. Suhani Sinha Head of the Manufacturing Krishat Pharma, Gurgaon
<b>OBJECTIVE OF THE EVENT</b>	The objectives of this session on Good Clinical Practice" (GCP) is to a set of internationally recognized ethical and scientific quality standards for designing, conducting, recording, and reporting trials that involve the participation of human subjects. Compliance with these standards provides public assurance that the rights, safety, and well-being of trial participants are protected, consistent with the principles that have their origin in the Declaration of Helsinki, and that the clinical trial data are credible.
<b>LEARNING OUTCOME</b>	Learning outcomes of Good Clinical Practices (GCP) session is to training typically include developing a thorough understanding of the ethical standards necessary to protect participants' rights and welfare in clinical trials. A Trainees learn to follow detailed protocols, manage the informed consent process effectively, and ensure rigorous safety monitoring and adverse event reporting. They gain proficiency in managing clinical trial data with integrity and understand the regulatory frameworks governing clinical research. Additionally, the training prepares individuals for audits and inspections, enhancing their problem-solving and critical thinking skills in addressing ethical and operational challenges within clinical trials.



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## **Brief content of the event:**

The Gurugram Global College of Pharmacy organized an Interactive session on Good clinical practices at C2 Block Auditorium. The session was conducted for B. Pharmacy Students of Gurugram Global College of Pharmacy. The name of the guest speaker was Dr. Suhani Sinha Head of the Manufacturing Krisha Pharma, Gurgaon. By this session, students gained proficiency in managing clinical trial data with integrity and understand the regulatory frameworks governing clinical research. Additionally, the training prepares individuals for audits and inspections, enhancing their problem-solving and critical thinking skills in addressing ethical and operational challenges within clinical trials.





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## Report of the Programme

### Awareness about Corona & Vaccination

Institute Name:-Gurugram Global College of Pharmacy

Date:- 25<sup>th</sup>-26<sup>th</sup>November2021

<b>TYPE OF EVENT</b>	Awareness program
<b>VENUE</b>	Waiting Area GGCP
<b>TIME &amp; DURATION</b>	12:00 PM
<b>CONDUCTED BY</b>	Gurugram Global College of Pharmacy
<b>ORGANISED FOR</b> <i>(Course name &amp; Semester)</i>	B. Pharmacy Students
<b>NAME OF COORDINATOR</b>	1. Dr. Kanchan Bala 2. Dr. Richa Bajaj
<b>ATTENDANCE</b>	81
<b>RESOURCE PERSON</b> <i>(Name of the resource person, Designation, organization)</i>	CIVIL HOSPITAL, Farrukh Nagar





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<b>Objectives of the Event:</b>	The main objectives of this awareness program and coronavirus vaccination are to Prevention of Severe Illness and Death of public, also to reduction of Virus Transmission, achieving Herd Immunity and Minimizing Virus Mutations. By controlling the spread of the virus, vaccines facilitate the reopening of economies and the resumption of normal activities in a safer environment.
<b>LEARNING OUTCOME</b>	The learning outcomes might include, Understanding of COVID-19 and Its Impact, a clear understanding of how COVID-19 spreads, its symptoms, and its effects on health and communities. These also aim to empower individuals with knowledge and skills to make informed decisions about COVID-19 vaccination and to participate actively in public health efforts.

### Brief content of the event:

The Gurugram Global College of Pharmacy organized an awareness program on 'Awareness About Corona and Vaccination' at waiting area of GGCP. The vaccination session was conducted for B. Pharmacy students of Gurugram Global College of Pharmacy. The Civil Hospital trained staff and volunteer students actively participated and vaccinated.





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## Report of the programme

### An Expert Lecture on Emergency Use Regulatory Approval Pathway Global Perspective

Institute Name: - Gurugram Global College of Pharmacy

Date: - 18<sup>th</sup> June 2021

<b>TYPE OF EVENT</b>	Webinar
<b>VENUE</b>	Zoom session
<b>TIME&amp;DURATION</b>	11:00 AM onwards
<b>CONDUCTEDBY</b>	Gurugram Global College of Pharmacy
<b>ORGANISEDFOR (Course name &amp; Semester)</b>	B. Pharmacy students
<b>NAME OF COORDINATOR</b>	Mr Vinod Gahlot Associate Professor
<b>ATTENDANCE</b>	53
<b>RESOURCE PERSON (Name of the resource person, Designation, organization)</b>	Ms Bharti Khurana, Founder director Amarant life science
<b>OBJECTIVE OF THE EVENT</b>	The objective of a webinar titled "Emergency Use Regulatory Approval Pathway: Global Perspective" could be to provide participants with comprehensive insights into the regulatory processes and pathways for emergency use approval of medical products on a global scale during Covid-19
<b>LEARNING OUTCOME</b>	During his presentation, participants will gain a comprehensive understanding of the regulatory frameworks and pathways governing emergency use approval for medical products specially during Covid-19 on a global scale, including the criteria, processes, and timelines involved. Participants will be equipped with the knowledge, resources, and strategies needed to navigate the global regulatory landscape for emergency use approval of medical products, contributing to more effective emergency preparedness and response efforts in their respective contexts.



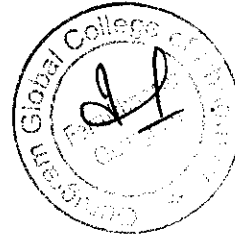


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## Brief content of the event:

The Gurugram Global College of Pharmacy organized a Webinar on An Expert Lecture on Emergency Use Regulatory Approval Pathway Global Perspective in Zoom Online Mode. The seminar was conducted for B. Pharmacy students of Gurugram Global College of Pharmacy. The name of the guest speaker was Ms Bharti Khurana, Founder and director of Amarant life science. The webinar on "Emergency Use Regulatory Approval Pathway: Global Perspective" offers a comprehensive exploration of the regulatory frameworks governing the emergency use approval of medical products worldwide. Participants will gain insights into the criteria, processes, and timelines involved in obtaining emergency use authorization (EUA) like Covid-19 across different regions and countries. Through discussions on global variations, best practices, and challenges associated with EUA pathways, attendees will enhance their understanding of the complexities involved in navigating international regulatory landscapes during public health emergencies. Moreover, the event aims to foster collaboration among regulatory professionals, industry stakeholders, and policymakers to facilitate knowledge exchange and promote effective emergency preparedness and response efforts. By highlighting the critical role of expedited regulatory pathways in ensuring timely access to safe and effective medical products, the webinar underscores its significance in safeguarding public health on a global scale during the time of Covid-19.





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## Report of the Programme

### An Expert Lecture on Brain Dysfunction in Chronic Health Illness

Institute Name:-Gurugram Global College of Pharmacy

Date: - 25<sup>th</sup> May, 2021

<b>TYPE OF EVENT</b>	Webinar
<b>VENUE</b>	Zoom session
<b>TIME&amp;DURATION</b>	11:00 AM onward
<b>CONDUCTEDBY</b>	Gurugram Global College of Pharmacy
<b>ORGANISEDFOR</b>	B. Pharmacy students
<b>NAMEOFCOORDINATOR</b>	Dr. Kanchan Bala Professor
<b>ATTENDANCE</b>	77
<b>RESOURCE PERSON</b>	Dr. Vipin K. Parihar
<b>(Name of the resource person, Designation, organization)</b>	University of California, USA Associate Professor and Dean, National Institute of Pharmaceutical Education and Research, Hajipur
<b>OBJECTIVE OF THE EVENT</b>	The seminar aimed to provide insights into brain dysfunction in chronic health illness and how does it effects the individuals.
<b>LEARNING OUTCOME</b>	The seminar aimed for making students understand various brain dysfunctions and role of chronic illness related to health suffering from brain disorders.







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## **Brief content of the event:**

The Gurugram Global College of Pharmacy organized an expert lecture on Brain dysfunction in chronic health illness. The seminar was conducted for B. Pharmacy students of Gurugram Global College of Pharmacy. The name of the guest speaker was Dr, Vipin K. Parihar. He shared the knowledge and various insights on the topic in an easily understandable way so that students can know about brain dysfunctions in chronic health illness.





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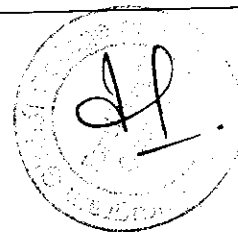
## Report of the Programme

### SEMINAR ON HOLISTIC HEALTH

Institute Name:-Gurugram Global College of Pharmacy

Date: -7<sup>th</sup> April,2021

<b>TYPE OF EVENT</b>	Seminar
<b>VENUE</b>	Swami Vivekananda Auditorium-C- 2 block
<b>TIME&amp;DURATION</b>	11:00 AM Onward
<b>CONDUCTEDBY</b>	Gurugram Global College of Pharmacy
<b>ORGANISEDFOR</b>	B. Pharmacy students
<b>NAMEOFCOORDINATOR</b>	Dr. Kanchan Bala
<b>ATTENDANCE</b>	98
<b>RESOURCE PERSON</b>	Ms. Shiwani Rawat
<b>(Name of the resource person, Designation, organization)</b>	Head of the Manufacturing Krishat Pharma, Gurgaon Motivational speaker and life skill trainer
<b>OBJECTIVE OF THE EVENT</b>	The seminar aimed to provide insights into holistic health which is considered as an approach to wellness that simultaneously addresses the physical, mental, emotional, social, and spiritual components of health.
<b>LEARNING OUTCOME</b>	The seminar aimed to make students understand that it provides support that looks at the whole person, not just their mental health needs. The support should also consider their physical, emotional, social, and spiritual well-being.



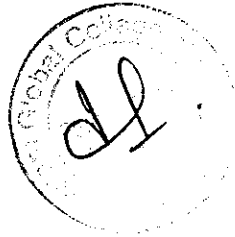


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## **Brief content of the event:**

The Gurugram Global College of Pharmacy organized a seminar on Holistic health conducted for B. Pharmacy of Gurugram Global College of Pharmacy. The name of the guest speaker was Ms. Shiwani Rawat. She shared the knowledge and various insights on the topic of holistic health and its connection with physical, mental, emotional, social, and spiritual components of health





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## Report of the Programme

### Mental Health Seminar

Institute Name:- Gurugram Global College of Pharmacy

Date:-8<sup>th</sup>January2020

<b>TYPE OF EVENT</b>	Seminar
<b>VENUE</b>	Swami Vivekanand Auditorium, C-2 Block
<b>TIME&amp;DURATION</b>	10:00 AM onwards
<b>CONDUCTEDBY</b>	Gurugram Global College of Pharmacy
<b>ORGANISEDFOR</b>	B. Pharmacy students
<b>NAMEOFCOORDINATOR</b>	Ms Manisha (Assistant Professor)
<b>ATTENDANCE</b>	66
<b>RESOURCE PERSON</b>	Dr Indira Raheja
<b>(Name of the resource person, Designation, organization)</b>	(Principal, Gurugram Global College of Pharmacy (GGCP))
<b>OBJECTIVE OF THE EVENT</b>	The objective of the events is to make aware the audience about mental health and the program is designed to inform, educate, and engage the audience on issues related to psychological well-being. Raising awareness about mental health issues is a primary objective. highlighting the importance of recognizing early signs and symptoms. Providing education on what mental health entails and how it affects various aspects of life, including work, relationships, and personal growth.
<b>LEARNING OUTCOME</b>	This expert talk can enhance awareness about mental health issues. Attendees have learned about different mental health conditions, their symptoms, and the impact they can have on individuals and communities. Learning about these can help individuals understand the options available for themselves or others who might be struggling.





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## Report of the programme

### Session on Leadership Quality to Enhance Your Carrier

Institute Name: - Gurugram Global College of Pharmacy

Date: - 25<sup>th</sup> November 2019

<b>TYPE OF EVENT</b>	Seminar
<b>VENUE</b>	Swami Vivekanand Auditorium, C-2 Block
<b>TIME&amp;DURATION</b>	10:00 AM onwards
<b>CONDUCTEDBY</b>	Gurugram Global College of Pharmacy
<b>ORGANISEDFOR</b> <i>(Course name &amp; Semester)</i>	B. Pharmacy students
<b>NAME OF COORDINATOR</b>	Ms. Manisha (Assistant Professor)
<b>ATTENDANCE</b>	64
<b>RESOURCE PERSON</b> <i>(Name of the resource person, Designation, organization)</i>	Major General (Dr) MP Singh (Veteran), Ph.D. (Spiritual Intelligence) Reiki Grand Master
<b>OBJECTIVE OF THE EVENT</b>	The objective of an event focused on enhancing leadership qualities for career advancement is multifaceted. Key objectives such an event might aim to achieve: Skill Development, self awareness, inspiration and motivation
<b>LEARNING OUTCOME</b>	During his presentation, the learning outcomes of an event focused on enhancing leadership qualities for career advancement are crucial for participants to gauge the effectiveness and relevance of the program. Here are some potential learning outcomes: Increased Self-Awareness, enhanced leadership skills.





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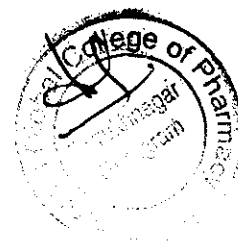
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## GURUGRAM

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### **Brief content of the event:**

The Gurugram Global College of Pharmacy organized a session on Leadership Quality to Enhance Your in the Auditorium- C-2 Block. The seminar was conducted for B. Pharmacy of Gurugram Global College of Pharmacy. The name of the guest speaker was Major General (Dr) MP Singh (Veteran), Ph.D. (Spiritual Intelligence) Reiki Grand Master. He shared his extensive insights into focused on leadership skills could include a variety of topics aimed at developing and enhancing leadership qualities.





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## Report of the Programme

### Session on Life Skill on Problem Solving

Institute Name: - Gurugram Global College of Pharmacy

Date: - 21<sup>st</sup> November 2018

<b>TYPE OF EVENT</b>	Session
<b>VENUE</b>	Swami Vivekanand Auditorium, C-2 Block
<b>TIME &amp; DURATION</b>	10:00 AM Onwards
<b>CONDUCTED BY</b>	Gurugram Global College of Pharmacy
<b>ORGANISED FOR</b> (Course name & Semester)	B. Pharmacy Students
<b>NAME OF COORDINATORS</b>	Ms. Manisha
<b>ATTENDANCE</b>	58
<b>RESOURCE PERSON</b> (Name of the resource person, Designation, organization)	<b>Mr. SHYAM BABU</b> <b>Assistant Professor, GITM</b>
<b>OBJECTIVE OF THE EVENT</b>	The objective of the event, a session on life skills focused on problem-solving, is to equip participants with essential tools and strategies to effectively navigate challenges in various aspects of life. Through this session, individuals will cultivate a deeper understanding of problem-solving methodologies, honing their critical thinking, creativity, and decision-making abilities. Participants will engage in interactive discussions, case studies, and practical exercises designed to enhance their problem-solving prowess.





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LEARNING OUTCOME	
	The learning outcomes of a session on life skills focused on problem-solving encompass the development of a comprehensive skill set essential for navigating the complexities of everyday life. Participants will emerge from the session with a heightened ability to identify, define, and analyse problems effectively. They will learn to employ diverse problem-solving techniques, ranging from structured approaches to creative brainstorming methods, to generate innovative solutions.

### Brief content of the event:

The Gurugram Global College of Pharmacy organized a Session on 'Life skills on problem-solving' in the Auditorium- C-2 Block. The seminar was conducted for B. Pharmacy Students of Gurugram Global College of Pharmacy. The name of the guest speaker was Mr Shyam Babu, GITM. He has Shared Wonderful Experiences including activities and discussions aimed at enhancing communication, empathy, active listening, and conflict resolution skills. Participants will cultivate adaptive thinking and resilience, enabling them to approach challenges with confidence and persistence. Through practical exercises and real-life case studies, attendees will refine their decision-making skills and enhance their ability to assess risks and anticipate consequences. Ultimately, the session aims to empower individuals with the confidence and competence to tackle obstacles proactively, fostering personal growth and enabling them to thrive in a dynamic and ever-changing world.

