

5.1.2 The capacity development and skills enhancement activities are organized for improving students capability

Life skills (Yoga, physical fitness, health and hygiene, self-employment and entrepreneurial skills)

Academic Year	Name of the capacity development and skills enhancement program	Period (from date - to date)	Number of students enrolled	Name of the agencies/experts involved with contact details (if any)	Remarks
		Life Skills			
2022-2023	A Session on Pharma Business Ideas	06-12-2023	80	Dr. Indira Raheja, GGCP	The academic session for the 2022-2023 will end on January 5, 2024, due to a delay in the start of classes by the university
2022-2023	World Heart Day- know your heart	29-09-2023	77	Mr. Rohit Malik,GGCP	The academic session for the 2022-2023 will end on January 5, 2024, due to a delay in the start of classes by the university
2022-2023	Large Pool- Suryanamaskar	09-02-2023	172	GGCP,Ayush Ministry	
2021-2022	Expert talk on mental health	19-11-2022	76	GGCP, Dr. Punit Jain, Fortis Hospital,Okhla	The academic session for 2021-2022 will end on December 28th, 2022, due to a delay in the start of classes by the university.



2021-2022	Seminar on Meditation to Calm anxiety and stress	18-11-2022	116	GGCP (Brahma Kumaris)	The academic session for 2021-2022 will end on December 28th, 2022, due to a delay in the start of classes by the
2021-2022	Yoga Session	17-11-2022	96	Acharya Vinod, Patanjali	university. The academic session for 2021-2022 will end on December 28th, 2022, due to a delay in the start of classes by the university.
2021-2022	CPR Training workshop on N P W	16-11-2022	132	GGCP,FORTISHOSPI TAL,Okhla	The academic session for 2021-2022 will end on December 28th, 2022, due to a delay in the start of classes by the university.
2021-2022	Interactive session on Good Clinical Practices	17-06-2022	84	Dr. Suhani Sinha, Head of Manufacturing of Krishat Pharma	
2020-2021	Awareness about Corona and vaccination	25/11/2021, 26/11/2021	81	GGCP,CivilHospital,F arukhnagar	The academic session for 2020-2021 will end on December 02nd, 2021, due to a delay in the start of classes by the university.
2020-2021	An Expert Lecture on Emergency use regulatory approval pathway - global Perspective	18-06-2021	53	Ms Bharti Khurana, founder director Amarant life science	



2020-2021	An Expert Lecture on Brain dysfunction in chronic health illness	25-05-2021	77	Dr Vipan K. Parihar,University of California, USA	
2020-2021	Seminar on - Holistic Health	07-04-2021	98	Ms Shivani Rawat,	
2019-2020	Mental health seminar	08-01-2020	66	Dr Indira Raheja, GGCP	
2019-2020	Session on Leadership Quality to enhance your career	25-11-2019	64	GGCP- Major General MP Singh (NDA)	
2018-2019	Life skill on problem solving	21-11-2018	58	Mr Shyam babu, GITM	









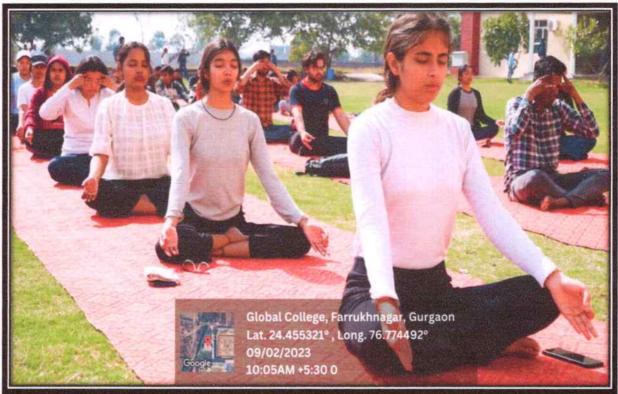






World Heart Day-Know Your Heart- 29th Sep 2023







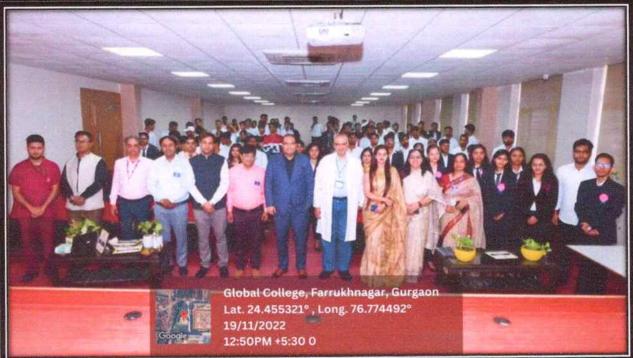




Large Pool Suryanamaskar- 09th Feb 2023







Expert Talk on Mental Health- 19th Nov 2022



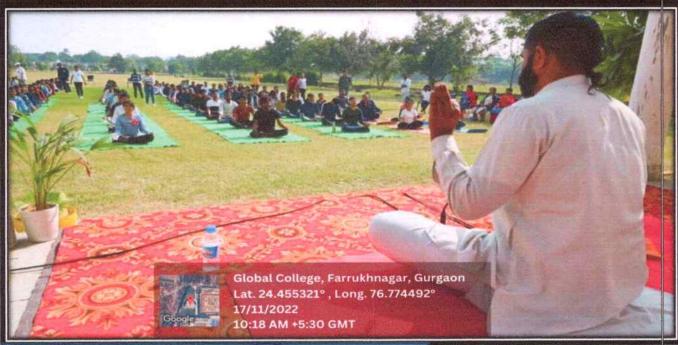








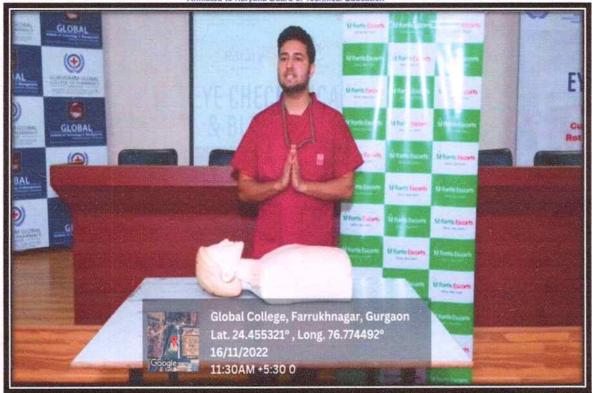




Yoga Session- 17th Nov 2022









CPR Training Workshop on NPW- 16th Nov 2022







CPR Training Workshop on NPW- 16th Nov 2022











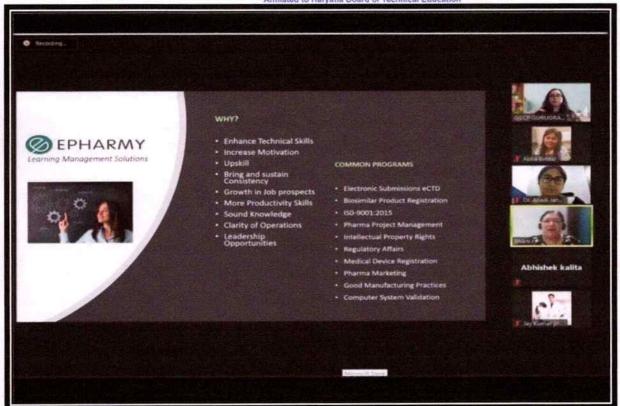










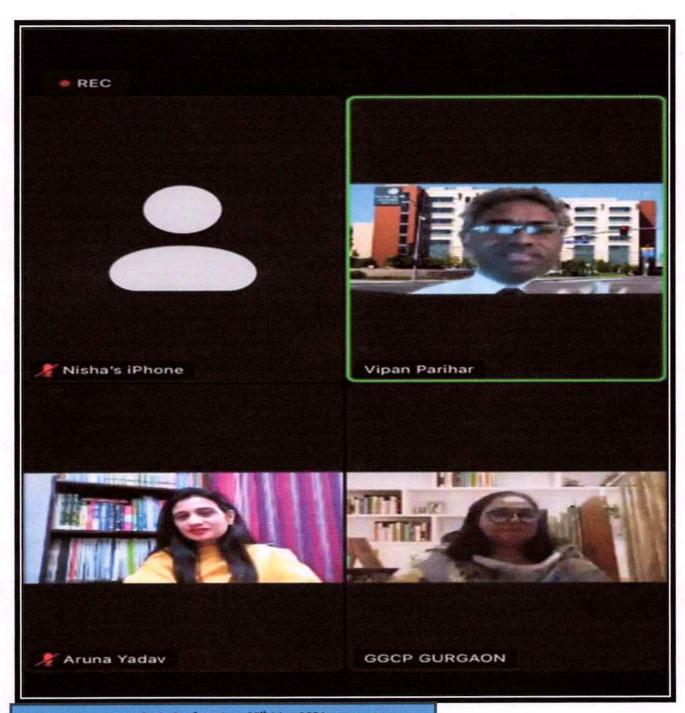




An Expert Lecture on Emergency Use Regulatory Approval Global Perspective-18th June 2021







An Expert Lecture on Brain Dysfunction- 25th May 2021









Seminar on Holistic Health-07th April 2021







Seminar on Holistic Health- 07th April 2021



Brief content of the event:

The Gurugram Global College of Pharmacy organized a Mental Health Seminar in the Auditorium- C-2 Block. The seminar was conducted for B. Pharmacy students of Gurugram Global College of Pharmacy. The name of the guest speaker was Dr Indira Raheja. Overall, this expert talk on mental health has offered valuable insights and practical advice, contributing significantly to personal and community well-being.







GURUGRAM GLOBAL COLLEGE OF PHARMACY GURUGRAM

Approved by AICTE, Govt. Of India & Pharmacy Council of India Affiliated to Pt. B.D Sharma University of Health Science Rohtak Affiliated to Haryana Board of Technical Education



Session on Leadership quality to enhance your career-25th NOV 2019







Session on Life Skill on problem Solving 21st Nov 2018

