# 2019-2020



3.4.3: Number of extension and outreach programs conducted by the institution through organized forums including NSS/NCC with involvement of community.

## 2019-2020

S No.	Name of Activity	Year	Remarks if any
1	Awareness Programme on Anemia and Hemoglobin	2019-2020	
2	Awareness Walk on Plastic Free Environment	2019-2020	
3	Awareness Camp on Cancer in Women	2019-2020	
4	Awareness Camp on Road Safety	2019-2020	



Dr. Indira Raheja Principal GGCP



# Awareness Programme on Anemia and Haemoglobin

Date: 12th February 2020

Organized by: G.G.C.P. Farrukhnagar

Location: Sultanpur, Farrukhnagar, Haryana

## Introduction:

Gurugram Global College of Pharmacy (GGCP) organized an "Awareness Programme on Anemia and Haemoglobin" on 12th February 2020. The program aimed to educate participants about anemia, a common health issue, by providing information on its causes, symptoms, prevention, and management. The event included informative sessions and free health check-ups to raise awareness and promote better health practices.

#### **Objectives**

The primary objectives of the programme were:

- 1. To provide knowledge about anemia, including its causes, symptoms, and complications.
- 2. To educate participants on the role of haemoglobin in the body and its importance for overall health.
- 3. To promote awareness about the importance of nutrition and a balanced diet in preventing anemia.
- 4. To offer free haemoglobin testing and medical consultations to attendees.

- 1.Participants gained knowledge about anemia, including its causes, symptoms, and complications.
- 2. Participants learned about the role of hemoglobin in the body and its importance for overall health.
- 3. Participants increased their awareness of the importance of nutrition and a balanced diet in preventing anemia.
- 4. Participants received free hemoglobin testing and medical consultations.





"Awareness Programme on Anemia & Haemoglobin" - 12th February 2020





### Report on

## Awareness Walk on Plastic Free Environment

Date: 15th January 2020

Organized by: G.G.C.P. Farrukhnagar

Location: Badli, Jhajjar, Haryana

### **Introduction:**

Gurugram Global College of Pharmacy (GGCP) organized an "Awareness Walk on Plastic-Free Environment" on 15th January 2020. The event aimed to raise awareness about the detrimental effects of plastic pollution on the environment and to encourage the college community to adopt sustainable practices. The walk was designed to promote a plastic-free lifestyle and highlight the importance of reducing plastic waste.

#### **Objectives**

The key objectives of the walk were:

- 1. To increase awareness about the environmental impact of plastic pollution.
- 2. To encourage the adoption of eco-friendly practices and alternatives to single-use plastics.
- 3. To engage the college community in environmental conservation efforts through active participation

- 1. Participants increased their awareness about the environmental impact of plastic pollution.
- 2. Participants were encouraged to adopt eco-friendly practices and alternatives to single-use plastics.
- 3. Participants engaged in environmental conservation efforts through active participation within the college community.





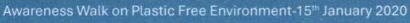
"Awareness Walk on Plastic free Environment"-15th Jan 2020



"Awareness Walk on Plastic free Environment"-15th Jan 2020











### Report on

## Awareness Camp on Cancer in Women

Date: 20th November 2019

Organized by: G.G.C.P. Farrukhnagar

Location: Jatola Village, Farrukhnagar, Gurugram

### **Introduction:**

Gurugram Global College of Pharmacy (GGCP) organized an "Awareness Camp on Cancer in Women" on 20th November 2019 to address the critical issue of cancer affecting women. The camp aimed to raise awareness about cancer prevention, early detection, and treatment, and provided valuable resources and health check-ups for participants. The event was part of GGCP's commitment to promoting health and well-being within the community.

#### Objectives

The primary objectives of the camp were:

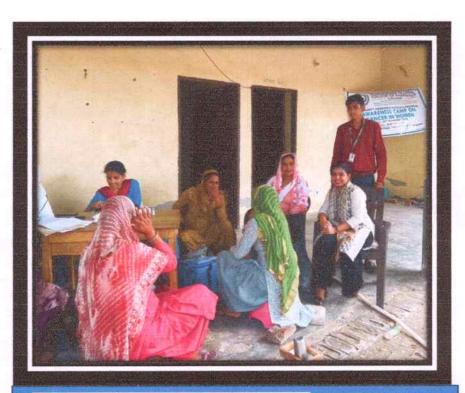
- To educate participants about various types of cancers affecting women, such as breast, ovarian, and cervical cancers.
- 2. To emphasize the importance of early detection and regular screenings.
- 3. To provide health check-ups and consultations to participants.
- 4. To distribute informational resources and promote healthy lifestyle practices

- 1. Participants learned about various types of cancers affecting women, including breast, ovarian, and cervical cancers.
- 2. Participants understood the importance of early detection and regular screenings.
- 3. Participants received health check-ups and consultations.
- 4. Participants obtained informational resources and were encouraged to adopt healthy lifestyle practices.





"Awareness Camp on Cancer in Women"-20th November 2019



"Awareness Camp on Cancer in Women"-20th November 2019





# Report on

## Awareness Camp on Road Safety

Date: 18th September 2019

Organized by: G.G.C.P. Farrukhnagar

Location: Sultanpur, Farrukhnagar, Gurugram

## Introduction:

Gurugram Global College of Pharmacy (GGCP) organized an "Awareness Camp on Road Safety" on 18th September 2019 to promote safe driving practices and raise awareness about road safety. The camp aimed to educate participants about road safety rules, accident prevention, and emergency response techniques. The event was part of GGCP's ongoing efforts to contribute to community safety and well-being.

#### **Objectives**

The primary objectives of the camp were:

- 1. To educate participants about road safety rules and regulations.
- 2. To promote awareness about accident prevention and safe driving practices.
- To demonstrate the use of safety gear and emergency response techniques.
- 4. To provide valuable resources on road safety measures.

- 1. Participants were educated about road safety rules and regulations.
- 2. Participants increased their awareness about accident prevention and safe driving practices.
- 3. Participants learned how to use safety gear and apply emergency response techniques.
- 4. Participants received valuable resources on road safety measures.





Awareness Camp on Road Safety"-18th September 2019

