



GURUGRAM GLOBAL COLLEGE OF PHARMACY GURUGRAM

Approved by AICTE, Govt. Of India & Pharmacy Council of India
Affiliated to Pt. B.D Sharma University of Health Science Rohtak
Affiliated to Haryana Board of Technical Education

Participative Learning Methodologies



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Debate Competitions



Some pictures of Debate competitions

The Debate Competition organized by the Global College of Pharmacy (GGCP) serves as a pivotal platform for enhancing students' critical thinking, public speaking, and research skills. By engaging in rigorous analysis of complex issues and presenting well-reasoned arguments, participants develop effective rebuttal skills and a deeper understanding of diverse perspectives. The event promotes active listening and ethical debating practices, fostering a culture of mutual respect and intellectual curiosity among students.

Through this competition, students gain valuable experience in thorough research, teamwork, and persuasive communication, significantly boosting their confidence and presentation abilities. The Debate Competition not only contributes to the academic growth of participants but also prepares them for future leadership roles by honing their analytical and interpersonal skills. GGCP remains committed to continuing this enriching tradition, ensuring that students are well-equipped to tackle intellectual challenges and contribute meaningfully to societal discourse.



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Peer Teaching Activity



Some pictures of Peer Teaching Activity



Report on Peer Teaching Activity **Organized by Gurugram Global College of Pharmacy (GGCP)**

1. Introduction

The Global College of Pharmacy (GGCP) emphasizes the importance of collaborative learning and peer support in education. To this end, GGCP organizes peer teaching activities that provide students with opportunities to both teach and learn from their peers. This report outlines the objectives and learning outcomes of these peer teaching activities, reflecting GGCP's commitment to enhancing the educational experience through interactive and collaborative methods.

2. Objectives

Peer Teaching Activity:

- **Enhance Understanding:** Facilitate deeper understanding of course material through peer-to-peer explanation and discussion.
- **Develop Teaching Skills:** Provide students with opportunities to develop and practice teaching skills.
- **Promote Collaboration:** Encourage collaborative learning and foster a supportive academic community.
- **Boost Confidence:** Build students' confidence in their knowledge and communication abilities.
- **Reinforce Learning:** Reinforce students' knowledge by teaching and explaining concepts to their peers.

3. Learning Outcomes

Peer Teaching Activity:

- **Improved Comprehension:** Students gain a deeper understanding of the subject matter through teaching and learning from peers.
- **Enhanced Communication Skills:** Develop effective communication and presentation skills by explaining concepts to others.
- **Collaboration and Teamwork:** Foster a collaborative learning environment where students work together and support each other.
- **Critical Thinking:** Enhance critical thinking skills as students analyze and respond to peer questions and discussions.
- **Self-Confidence:** Increase self-confidence in academic abilities and public speaking through teaching roles.
- **Retention of Knowledge:** Improve retention of knowledge as students reinforce their learning by teaching peers.



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4. Conclusion

The peer teaching activities organized by GGCP are instrumental in creating an interactive and collaborative educational environment. These activities not only help students understand the subject matter better but also develop essential skills such as communication, collaboration, and critical thinking. GGCP is committed to continuing these initiatives, recognizing the significant benefits they offer in enhancing both academic performance and personal development.



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Curricular Activities (Campus Capture)



Some Pics of curricular activities



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| TYPE OF EVENT | “Campus Capture” activity (photography activity) |
| VENUE | GGCP Campus |
| TIME & DURATION | 10:00 AM, (1 Hour) |
| CONDUCTED BY | GGCP |
| ORGANIZED FOR | B. Pharmacy |
| NAME OF THE COORDINATOR | Mohd. Zafar |
| OBJECTIVE OF THE EVENT | The objective of the "Campus Capture" photography activity is to encourage participants to creatively document and showcase the unique features, vibrant life, and diverse aspects of the campus environment. The activity aims to foster a sense of appreciation for the campus, enhance participants' observational and photographic skills, and create a visual narrative that highlights the beauty and spirit of the campus community. |
| LEARNING OUTCOMES | The learning outcomes from the "Campus Capture" photography activity include developing participants' observational and artistic skills by capturing and presenting the campus environment in creative ways. Participants will gain experience in photography techniques, enhance their appreciation for their surroundings, and create a visual representation of campus life that reflects its unique features and vibrant atmosphere. |



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Curricular Activities (Poster presentation/ Slogan Writing/ Oral Presentation/Quiz Competition)





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| TYPE OF EVENT | POSTER PRESENTATION, SLOGAN WRITING, ORAL PRESENTATION AND QUIZ COMPETITION |
| VENUE | Auditorium C2 Block |
| DATE OF THE EVENT | 25 th September 2019 |
| CONDUCTED BY | GGCP |
| ORGANIZED FOR | B. Pharmacy Students |
| NAME OF THE EVENT COORDINATOR | Ms. Manisha Singh |
| OBJECTIVE OF THE EVENT | The objective of organizing events such as poster presentations, slogan writing, oral presentations, and quiz competitions is to foster creativity, enhance communication skills, and promote knowledge acquisition among participants. These activities aim to encourage students or participants to express their ideas effectively, demonstrate their understanding of specific topics, and engage in healthy competition. By providing diverse formats for showcasing talents and knowledge, the events seek to enhance participants' presentation abilities, critical thinking, and overall academic and professional skills. |
| LEARNING OUTCOMES | The learning outcomes from the activities of poster presentation, slogan writing, oral presentation, and quiz competition include developing effective communication skills and enhancing creativity in presenting ideas. Participants will improve their ability to organize and convey information clearly and persuasively, refine their public speaking and presentation techniques, and deepen their knowledge of specific topics through research and preparation. These activities also foster critical thinking, teamwork, and the ability to engage in healthy competition, contributing to overall academic and professional growth. |



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Seminars and Webinars

Seminar on meditation session by BK Urmil, Director Rajyog Center in the presence of Rajyogni sister BK Promila and sister Gargi of BK center





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| TYPE OF EVENT | Seminar on meditation session |
| VENUE | Auditorium C2 Block |
| DATE | 17 Nov., 2022 |
| CONDUCTED BY | GGCP |
| ORGANIZED FOR | B. Pharmacy |
| NAME OF THE COORDINATOR | Ms. Krati Shukla |
| RESOURCE PERSON | BK Urmil, Director Rajyog Center in the presence of Rajyogni sister BK Promila and sister Gargi of BK center |
| OBJECTIVE OF THE EVENT | <p>The objective of the seminar on a meditation session for pharmacy students can be outlined as follows:</p> <ol style="list-style-type: none"> 1. Promote Mental Health and Well-being: <ul style="list-style-type: none"> ○ Educate students on the importance of mental health and well-being. ○ Introduce meditation as a tool for managing stress, anxiety, and overall mental health. 2. Enhance Focus and Concentration: <ul style="list-style-type: none"> ○ Teach techniques to improve focus, concentration, and mindfulness. ○ Help students develop skills to maintain attention and reduce distractions in their academic and personal lives. 3. Stress Management: <ul style="list-style-type: none"> ○ Provide strategies for effective stress management through meditation. ○ Equip students with practical tools to cope with academic pressures and personal challenges. 4. Improving Emotional Regulation: <ul style="list-style-type: none"> ○ Encourage emotional awareness and regulation through meditation practices. ○ Help students develop resilience and emotional stability. 5. Boost Academic Performance: <ul style="list-style-type: none"> ○ Highlight the benefits of meditation on cognitive functions such as memory, learning, and problem-solving. ○ Foster an environment conducive to improved academic performance. 6. Promote Healthy Lifestyle Choices: <ul style="list-style-type: none"> ○ Advocate for the integration of meditation and mindfulness into daily routines. ○ Encourage a holistic approach to health that |



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| | <p>includes physical, mental, and emotional well-being.</p> |
| <p>LEARNING OUTCOMES</p> | <p>The learning outcomes from the seminar on a meditation session for pharmacy students can be summarized as follows:</p> <ol style="list-style-type: none"> 1. Improved Mental Health Awareness: <ul style="list-style-type: none"> ○ Gain a deeper understanding of the importance of mental health and well-being. ○ Recognize the impact of stress and anxiety on overall health. 2. Enhanced Focus and Concentration: <ul style="list-style-type: none"> ○ Develop techniques to improve focus, concentration, and mindfulness. ○ Learn to maintain attention and reduce distractions in academic and personal tasks. 3. Effective Stress Management Skills: <ul style="list-style-type: none"> ○ Acquire practical tools for managing stress and academic pressures. ○ Implement meditation techniques to cope with personal and professional challenges. 4. Better Emotional Regulation: <ul style="list-style-type: none"> ○ Enhance emotional awareness and regulation through meditation practices. ○ Develop resilience and emotional stability. 5. Boosted Academic Performance: <ul style="list-style-type: none"> ○ Understand the positive effects of meditation on cognitive functions such as memory, learning, and problem-solving. ○ Apply meditation techniques to enhance academic performance. 6. Adoption of Healthy Lifestyle Choices: <ul style="list-style-type: none"> ○ Integrate meditation and mindfulness into daily routines. ○ Approach health holistically, incorporating physical, mental, and emotional well-being. |



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2. Webinar on "Brain Dysfunction in chronic health illness by Dr. Vipin K. Parihar Senior Scientist, NASA Specialized Center for Research , University of California, Irvine, USA

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AN EXPERT LECTURE
ON

**BRAIN DYSFUNCTION
IN CHRONIC HEALTH
ILLNESS**

BY INTERNATIONAL SPEAKER
FROM CALIFORNIA USA





MAY 25, 2021

11:00 AM

zoom

DR. VIPAN K. PARIHAR
SENIOR SCIENTIST, NASA SPECIALIZED
CENTER FOR RESEARCH
UNIVERSITY OF CALIFORNIA
AT IRVINE, USA

WWW.GGCP.CO.IN

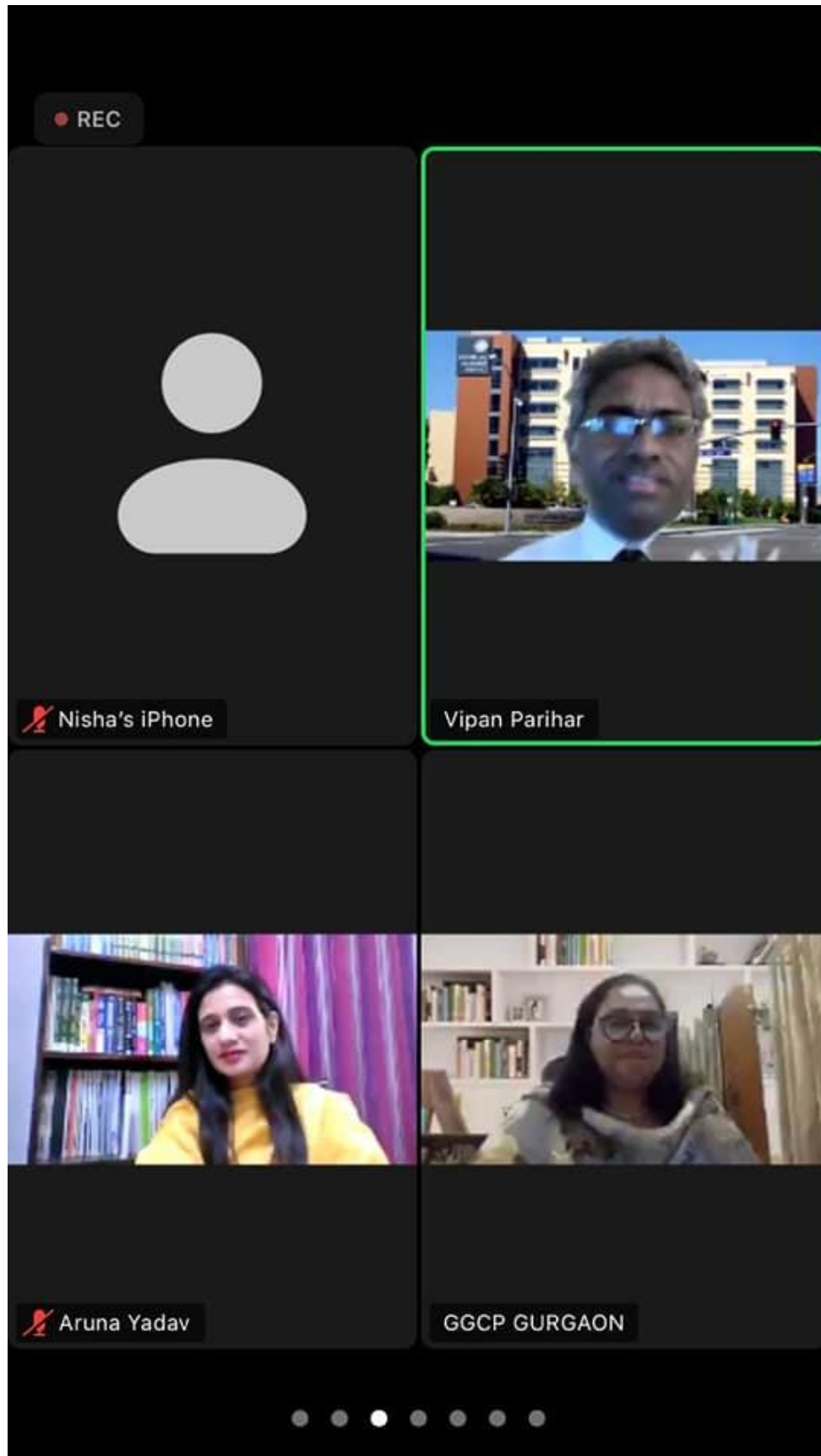
   



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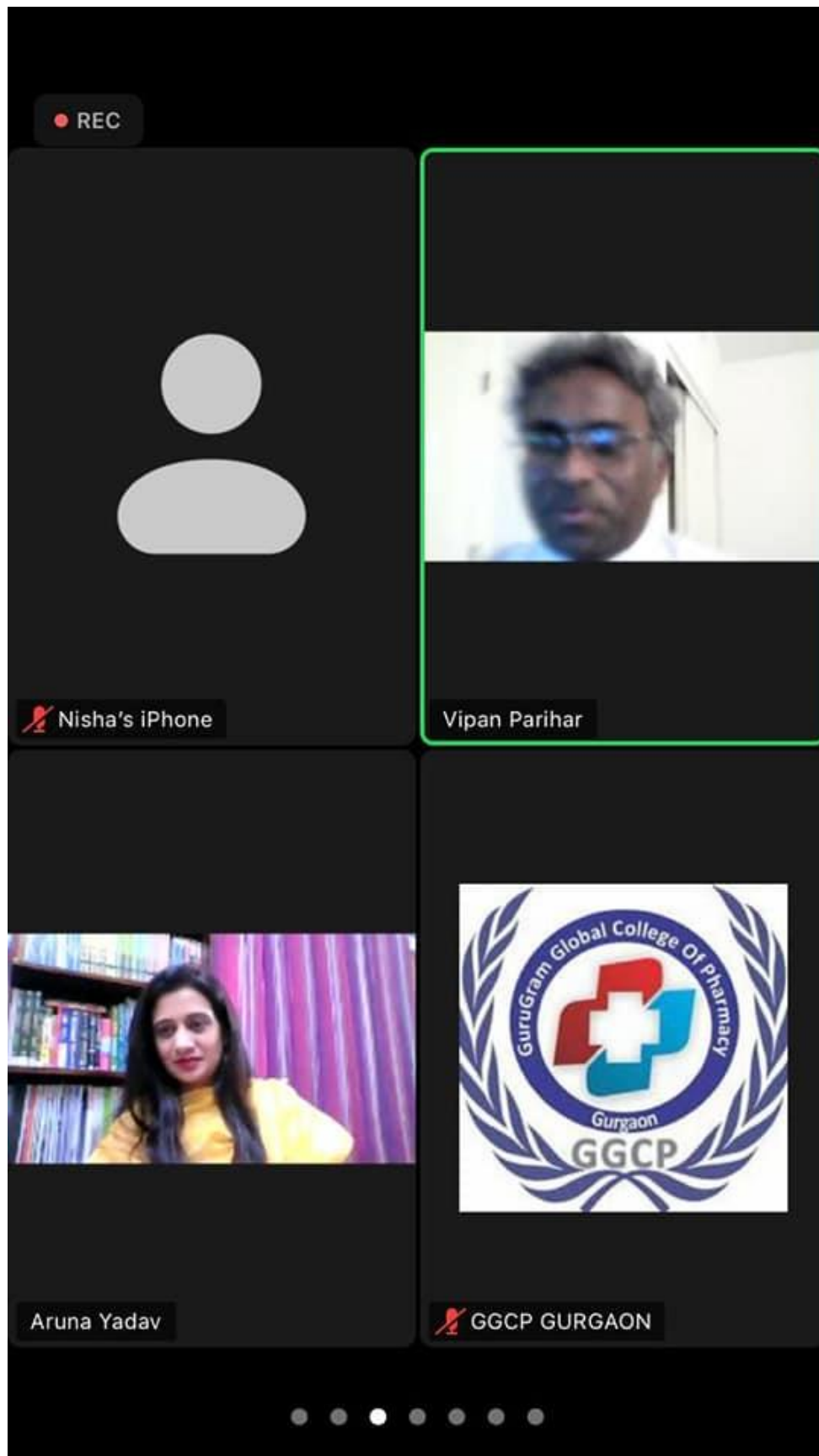




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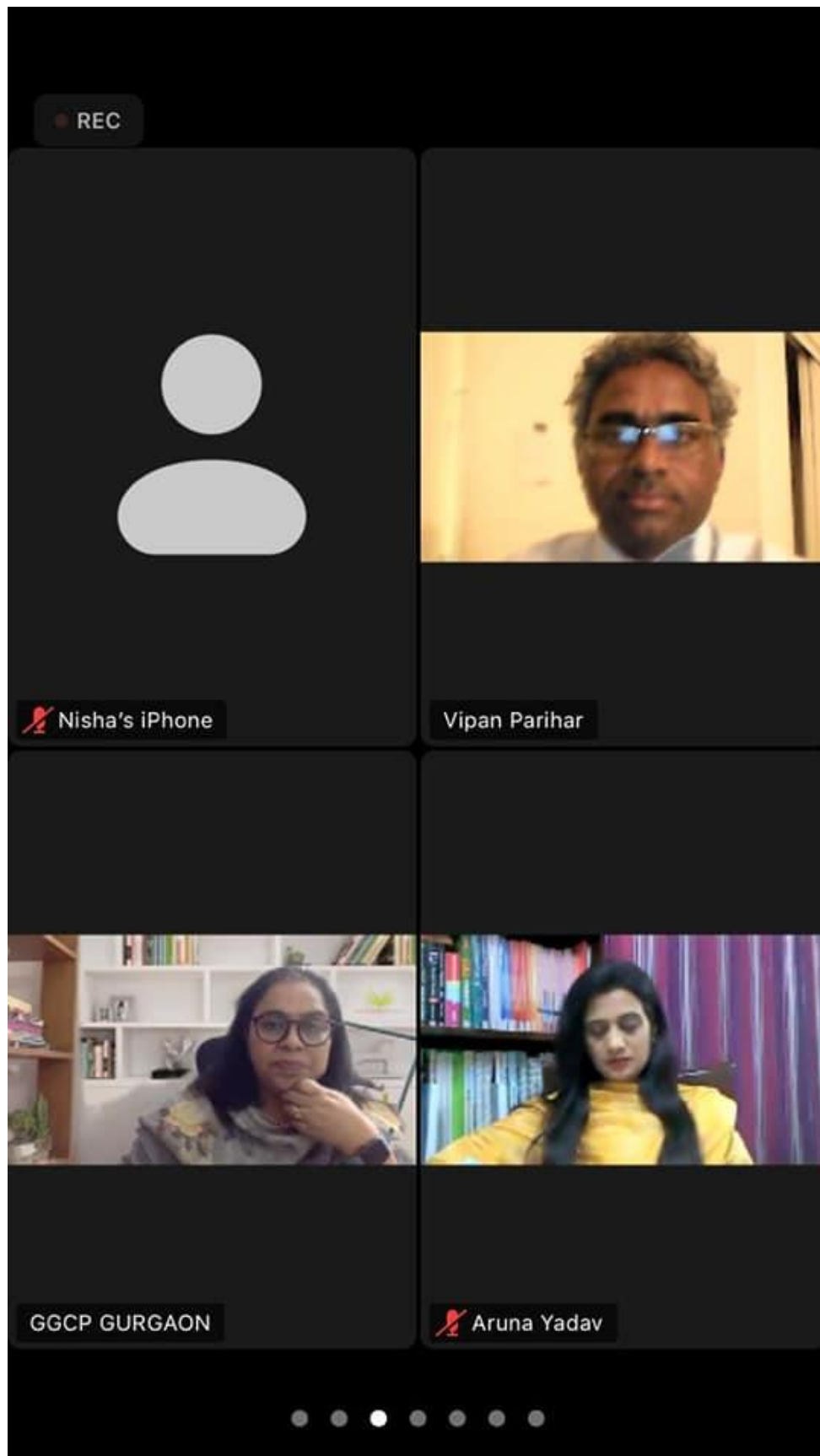




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| TYPE OF EVENT | Webinar on "Brain Dysfunction in chronic health illness" |
| VENUE | Online |
| TIME & DURATION | Tuesday, 25/ 05/21 |
| CONDUCTED BY | GGCP |
| ORGANIZED FOR | B. Pharmacy students |
| NAME OF THE COORDINATOR | Ms. Manisha Singh |
| RESOURCE PERSON | Dr. Vipin K. Parihar Senior Scientist, NASA Specialized Center for Research ,University of California, Irvine, USA |
| OBJECTIVE OF THE EVENT | The objective of the webinar on "Brain Dysfunction in Chronic Health Illness" is to explore the complex relationship between chronic health conditions and their impact on brain function. The event aims to provide participants with insights into how chronic illnesses, such as diabetes, cardiovascular disease, and autoimmune disorders, can lead to neurological and cognitive impairments. By discussing recent research findings and clinical observations, the webinar seeks to enhance understanding of the mechanisms underlying brain dysfunction in chronic illnesses and to highlight potential strategies for managing and mitigating these effects. |
| LEARNING OUTCOMES | The learning outcomes from the webinar on "Brain Dysfunction in Chronic Health Illness" include gaining a comprehensive understanding of how chronic health conditions affect brain function and contribute to neurological and cognitive impairments. Participants will learn about the mechanisms linking chronic illnesses with brain dysfunction, recent research findings, and clinical observations. The webinar aims to equip attendees with knowledge to better manage and mitigate the cognitive and neurological impacts of chronic health conditions. |



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3. Seminar on the role of Holistic Health in COVID-ERA by Chief Guest Dr. Meenakshi Kanwar Chauhan, Department of Pharmaceutics, DIPSAR



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SEMINAR
ON

"HOLISTIC HEALTH"

A TRANSITION FROM WELLNESS TO WELL-BEING

ON

WORLD HEALTH DAY

7TH APRIL 2021



SPEAKER

MS. SHIVVANI RAWAT

MOTIVATIONAL SPEAKER & LIFE SKILL
TRAINER



CHIEF GUEST

DR MEENAKSHI KANWAR CHAUHAN

DEPARTMENT OF PHARMACEUTICS
DIPSAR



SPEAKER

MR. BHUVAN RASTOGI

DIETARY EXPERT AND NUTRITIONIST

VENUE: SWAMI VIVEKANANDA AUDITORIUM

TIMINGS: 11:00 AM-2:00 PM



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| TYPE OF EVENT | Seminar on the role of Holistic Health in COVID ERA. |
| VENUE | Auditorium C2 block |
| TIME & DURATION | 2021 |
| CONDUCTED BY | GGCP |
| ORGANIZED FOR | B. Pharmacy students |
| NAME OF THE COORDINATOR | Ms. Renu Sehrawat |
| RESOURCE PERSON | Chief Guest Dr. Meenakshi Kanwar Chauhan Department of Pharmaceutics, DIPSAR |
| OBJECTIVE OF THE EVENT | The objective of the seminar on "The Role of Holistic Health in the COVID Era" is to examine how holistic health approaches can support overall well-being during the COVID-19 pandemic. The seminar aims to explore the integration of physical, mental, and emotional health practices, including nutrition, exercise, mindfulness, and alternative therapies, in managing and mitigating the effects of the pandemic. By discussing various holistic strategies and their benefits, the event seeks to provide participants with practical tools and insights to enhance resilience, support immune function, and promote comprehensive health during this challenging period. |
| LEARNING OUTCOMES | The learning outcomes from the seminar on "The Role of Holistic Health in the COVID Era" include gaining an understanding of how holistic health practices can contribute to overall well-being during the pandemic. Participants will learn about integrating physical, mental, and emotional health strategies, such as nutrition, exercise, mindfulness, and alternative therapies, to enhance resilience and support immune function. The seminar aims to equip attendees with practical tools and insights to effectively manage health and well-being amidst the challenges of the COVID-19 era. |



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4. Seminar on how can we do good to our mental health and curb the side effects of isolation during COVID from our lives by Ms. Shivvani Rawat a well-known Life Coach, Motivational Speaker, Life Skills Trainer and NLP Practitioner.



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A SEMINAR ON



A TRANSITION FROM WELLNESS TO WELL-BEING

BY GUEST SPEAKER

MS. SHIVVANI RAWAT

MOTIVATIONAL SPEAKER & LIFE SKILL TRAINER

ON WORLD HEALTH DAY

7TH APRIL 2021 AT

GGCP, FARRUKHNAGAR

CATCH THE UPDATES ON   





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| TYPE OF EVENT | Seminar on how can we do good to our mental health and curb the side effects of isolation during COVID from our lives. |
| VENUE | Auditorium C2 Block |
| TIME & DURATION | 2021 |
| CONDUCTED BY | GGCP |
| ORGANIZED FOR | B. Pharmacy |
| NAME OF THE COORDINATOR | Dr. Richa Bajaj |
| RESOURCE PERSON | Ms. Shivvani Rawat a well-known Life Coach, Motivational Speaker, Life Skills Trainer and NLP Practitioner |
| OBJECTIVE OF THE EVENT | The objective of the seminar on "How to Do Good to Our Mental Health and Curb the Side Effects of Isolation During COVID" is to provide strategies and practical advice for maintaining and improving mental health in the context of social isolation caused by the pandemic. The seminar aims to explore techniques for managing stress, anxiety, and loneliness, while promoting positive mental health practices. By offering insights into coping mechanisms, self-care routines, and virtual social engagement, the event seeks to help participants mitigate the negative effects of isolation and foster resilience during the COVID-19 crisis. |



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5. Seminar on various media representation of Nutrition by Mr. Bhuvan Rastogi Dietary Expert and Nutritionist



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A SEMINAR ON



HOLISTIC HEALTH

A TRANSITION FROM WELLNESS TO WELL-BEING

BY GUEST SPEAKER

MR. BHUVAN RASTOGI

Dietary Expert and Nutritionist

ON WORLD HEALTH DAY

7TH APRIL 2021 AT

GGCP, FARRUKHNAGAR

CATCH THE UPDATES ON



| | |
|-----------------|---|
| TYPE OF EVENT | Seminar on various media representation of Nutrition. |
| VENUE | Auditorium C2 Block |
| TIME & DURATION | 2021 |
| CONDUCTED BY | GGCP |



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| ORGANIZED FOR | B. Pharmacy Students |
| NAME OF THE COORDINATOR | Ms. Pooja Rana |
| RESOURCE PERSON | Mr. Bhuvan Rastogi Dietary Expert and Nutritionist |
| OBJECTIVE OF THE EVENT | The objective of the seminar on "Various Media Representation of Nutrition" is to analyze how nutrition is portrayed across different media platforms, including television, social media, and print. The seminar aims to explore the impact of these representations on public perceptions and dietary behaviors, evaluate the accuracy and effectiveness of nutrition messaging, and discuss the role of media in shaping dietary habits and health awareness. By examining diverse media portrayals, the event seeks to provide participants with insights into the influence of media on nutrition and strategies for promoting accurate and beneficial nutrition information. |
| LEARNING OUTCOMES | The learning outcomes from the seminar on "Various Media Representation of Nutrition" include gaining an understanding of how nutrition is portrayed across different media platforms and its impact on public perceptions and dietary behaviors. Participants will learn to evaluate the accuracy and effectiveness of nutrition messaging in various media, and develop insights into how media influences dietary habits and health awareness. The seminar aims to equip attendees with the knowledge to critically assess media representations of nutrition and promote accurate, evidence-based nutrition information. |



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6. Personality Development Program by Mr. Akshay Agrawal



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Join us for
VIRTUAL

PERSONALITY DEVELOPMENT PROGRAM

JULY 24, 2020 @12:00PM

S P E A K E R



MR Akshay Aggarwal

Zoom Meeting Id: 781 2380 1368
Password : 6eAaej

Website: www.posterswall.com



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| TYPE OF EVENT | Personality Development Program |
| VENUE | Online webinar |
| TIME & DURATION | July 27, 2020 |
| CONDUCTED BY | GGCP |
| ORGANIZED FOR | B. Pharmacy Students |
| NAME OF THE COORDINATOR | Ms. Sweety |
| RESOURCE PERSON | Mr. Akshay Agrawal |
| OBJECTIVE OF THE EVENT | The objective of a personality development program is to enhance participants' personal and professional growth by improving their self-awareness, communication skills, and interpersonal relationships. The program aims to foster confidence, leadership abilities, and a positive self-image while addressing areas such as emotional intelligence, time management, and goal setting. By providing practical tools and techniques, the program seeks to help individuals cultivate a well-rounded, effective, and charismatic personality that can positively impact their personal and professional lives. |
| LEARNING OUTCOMES | The learning outcomes from the personality development program include enhanced self-awareness and improved communication skills, leading to more effective interpersonal interactions. Participants will develop greater confidence, leadership abilities, and a positive self-image, while also acquiring practical skills in emotional intelligence, time management, and goal setting. The program aims to equip individuals with the tools and techniques necessary for personal and professional growth, ultimately fostering a well-rounded and impactful personality. |



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| TYPE OF EVENT | Science Awareness Workshop on Recent Trends in Healthcare Research |
| VENUE | Auditorium C2 Block |
| TIME & DURATION | May 28, 2022. |
| CONDUCTED BY | GGCP in association with INYAS (Indian National Young Academy of Sciences) |
| ORGANIZED FOR | B. Pharmacy |
| NAME OF THE COORDINATOR | Mr. Vinod Gahlot |
| RESOURCE PERSON | Dr. Rajendra Dhaka, Chairman INYAS |
| OBJECTIVE OF THE EVENT | The objective of the Science Awareness Workshop on Recent Trends in Healthcare Research is to provide participants with insights into the latest advancements and emerging trends in healthcare research. The workshop aims to highlight innovative technologies and methodologies, foster knowledge exchange among researchers, practitioners, and students, encourage engagement in cutting-edge research, and promote collaborative opportunities to drive forward advancements in the healthcare field. |
| LEARNING OUTCOMES | The learning outcomes from the Science Awareness Workshop on Recent Trends in Healthcare Research include gaining a clear understanding of the latest advancements and innovations in healthcare research, familiarizing with emerging technologies and methodologies, and enhancing knowledge through discussions with experts. Participants will be inspired to engage in current research trends, explore new opportunities, and identify potential collaboration avenues to advance the field of healthcare. |



GURUGRAM GLOBAL COLLEGE OF PHARMACY

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Affiliated to Pt. B.D Sharma University of Health Science Rohtak
Affiliated to Haryana Board of Technical Education

2. Workshop on Scope and career opportunities in Pharmacy





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| TYPE OF EVENT | workshop on Scope and career opportunities in Pharmacy |
| VENUE | Auditorium C2 Block |
| TIME & DURATION | 30th April,2019. |
| CONDUCTED BY | GGCP |
| ORGANIZED FOR | B. Pharmacy (4 th , 2 nd Sem) |
| NAME OF THE COORDINATOR | Dr. Sushila Rathee |
| RESOURCE PERSON | Mr. S L Nasa, Registrar Delhi Pharmacy Council was the chief guest |
| OBJECTIVE OF THE EVENT | The objective of the workshop on "Scope and Career Opportunities in Pharmacy" is to provide participants with a comprehensive overview of the diverse career paths available within the pharmacy field. The workshop aims to explore various roles and specialties in pharmacy, including clinical practice, research, regulatory affairs, and industry positions. By discussing current trends, emerging opportunities, and professional development strategies, the workshop seeks to help participants understand the scope of the pharmacy profession and make informed decisions about their career trajectories. |
| LEARNING OUTCOMES | The learning outcomes from the workshop on "Scope and Career Opportunities in Pharmacy" include gaining a thorough understanding of the diverse career paths and specialties within the pharmacy field. Participants will learn about various roles such as clinical practice, research, regulatory affairs, and industry positions, and explore current trends and emerging opportunities. The workshop aims to equip attendees with the knowledge to make informed career decisions and develop strategies for professional growth and development in the pharmacy sector. |