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Gender Sensitization Activity Report

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Introduction

Gender equity is a fundamental principle for fostering a harmonious, prosperous, and sustainable organization. It is critical for sustainable development and growth. This document outlines the Institute's Gender Equity Action Plan, designed to create a gender-sensitive work environment that upholds the values of equality, inclusion, dignity, and fairness.

Objective

To enhance access to quality information resources and services, we aim to identify, assess, and meet the information needs of users while providing high-quality scholarly materials. We strive to foster intellectual growth and creativity by curating collections, facilitating access to information, and offering research support. Additionally, we are committed to ensuring that the library is equipped with the necessary resources to meet regulatory standards and to improve its utilization and effectiveness.

Action Plan

- GGCP will ensure a balanced gender representation on hiring committees.
- Institute will organize workshops to raise awareness and promote principles of human dignity, diversity, gender sensitivity, and social responsibility.
- GGCP promotes fair gender representation in leadership roles.
- Encourage impartial participation and gender balance in classes and team projects.
- Establish a Women Development Cell to prevent workplace sexual harassment and support the well-being of female students, teaching staff, and non-teaching staff.
- Create a Grievance Redressal Cell to address concerns and maintain a healthy work environment for staff and students.
- Ensure prompt resolution of workplace grievances in line with the grievance policy to minimize and resolve potential conflicts.

Gender Sensitization of students

GGCP provides value added course on gender sensitization to the students. During the Course (VAC) students receive information as part of the gender sensitization initiative, including:

- The principles of gender equality.
- Awareness about women's empowerment, gender equality, and the significance of strengthening women's social, economic, and political roles.

- The functions and objectives of the Institute's Women's Development Cell.
- The responsibilities and functions of the Institute's Women's Grievance Redressal Committee.
- Details about Indian laws and regulations addressing harassment in the workplace or educational settings.
- Information on various NGOs, mobile apps, and helplines that offer emergency assistance in critical situations.

Timelines for Activities

Sr. No.	Activity	Timeline for Activity
1.	Value Added Course on Gender sensitization	Once every year
2.	Awareness programs to promote the principles of	At least once a
	human dignity, gender-sensitivity and social	
	responsibility	
i.	Workshop on Gender Equality & Equity	2018
ii.	Workshop Titled Exploring Gender Roles & Stereotypes	2018
iii.	Awareness Program Under the theme Gender Based Violence	2019
iv.	Awareness Camp on Cancer in Women	2019
v.	Webinar on Addressing Gender Discrimination and Bias in Academic Environments	2021
vi.	Gender Sensitization Program "Dialogue & Engagement"	2022
vii.	Report on Women Empowerment	2023
viii.	Legal Awareness Camp on Women Empowerment	2023
ix.	ix. Camp to Prevent Women Harassment	

Report on Workshop on Gender Equality & Equity

Date: 23rd July 2018

Venue: Seminar Hall, Gurugram Global College of Pharmacy (GGCP)

Speaker: Prof. (Dr.) Indira Raheja, Principal & Head of Department (Pharmaceutics), GGCP

Attendees: B. Pharmacy Students & Faculty Members

On 23rd July 2018, Gurugram Global College of Pharmacy (GGCP) organized a workshop on Gender Equality & Equity, led by Prof. (Dr.) Indira Raheja. The workshop aimed to enhance participants' understanding of gender issues and promote an inclusive environment within the college.

Prof. Raheja delivered a keynote address highlighting the critical differences between gender equality and gender equity. She emphasized the need for equitable treatment based on individual needs to overcome systemic barriers. The session included interactive discussions where participants shared experiences and engaged in group activities to identify and address gender biases. A panel discussion provided additional insights into strategies for promoting gender equity in educational and professional settings. The workshop concluded with a Q&A session where Prof. Raheja addressed participants' queries.

The workshop successfully raised awareness about gender issues and equipped attendees with practical tools to foster a more inclusive environment at GGCP.

Report on Workshop Titled "Exploring Gender Roles & Stereotypes"

Organized by: Gurugram Global College of Pharmacy (GGCP)

Date: 19th November 2018

Venue: Seminar Hall, GGCP Campus

Speaker: Prof. (Dr.) Indira Raheja, Principal & Head of Department (Pharmaceutics), GGCP

Attendees: B. Pharmacy Students & Faculty Members,

On 19th November 2018, Gurugram Global College of Pharmacy (GGCP) hosted a workshop titled "Exploring Gender Roles & Stereotypes," led by Prof. (Dr.) Indira Raheja. The workshop aimed to delve into the complexities of gender roles and stereotypes and their impact on individuals and society.

Prof. Raheja opened the workshop with a compelling keynote address, addressing the concept of gender roles and stereotypes and their pervasive effects on personal and professional life. She discussed how societal expectations shape gender behaviour and the importance of challenging these stereotypes to promote gender equity. The workshop featured interactive activities that encouraged participants to reflect on and question traditional gender roles.

Attendees engaged in group discussions to identify and analyse common stereotypes and their consequences. These activities aimed to foster a deeper understanding of how stereotypes influence behaviour and opportunities.

Prof. Raheja also facilitated a panel discussion, bringing together various perspectives on overcoming gender stereotypes in different contexts, including education and the workplace. This session allowed participants to explore practical strategies for challenging and changing ingrained stereotypes.

The workshop concluded with a Q&A session, where Prof. Raheja addressed questions and provided further insights into addressing gender roles and stereotypes in everyday life.

The workshop was successful in raising awareness about gender roles and stereotypes and equipping participants with the knowledge and tools to challenge these issues, fostering a more inclusive and equitable environment at GGCP.

Report on Awareness Programme Under the theme Gender Based Violence

Date: 20th February 2019

Organized by: G.G.C.P. Farrukhnagar

Location: Garhi Harsaru, Gurugram, Haryana

On 20th February 2019, Gurugram Global College of Pharmacy (GGCP) organized an impactful awareness programme on "Gender Based Violence" held at Garhi Harsaru, Gurugram, Haryana. The event aimed to educate the community about the various forms of gender-based violence (GBV), including domestic abuse, sexual harassment, and discrimination. The programme featured educational talks by experts who detailed the psychological and physical impacts of GBV, as well as the importance of legal measures and support systems. Interactive discussions and role-playing exercises engaged participants in recognizing and responding to GBV, while resource guides provided essential information on local support services and legal rights. Community leaders reinforced their commitment to combating GBV and supporting affected individuals, fostering a sense of collective responsibility. The programme was successful in raising awareness and equipping attendees with the knowledge and tools needed to address gender-based violence effectively, contributing to a more informed and supportive community.

Report on Awareness Program on Cancer in Women

Date: 8th August 2019

Time: 9:00 AM

Venue: Auditorium

On 8th August 2019, Gurugram Global College of Pharmacy (GGCP) hosted an Awareness Program dedicated to "Cancer in Women." This event aimed to shed light on the various types of cancers that predominantly affect women, such as breast, cervical, and ovarian cancers. It featured presentations from esteemed medical professionals and cancer specialists who provided valuable insights into the risk factors, preventive measures, and the significance of early detection through regular screenings and self-examinations. The program is designed to educate participants on how to recognize symptoms early and adopt healthier lifestyle choices to mitigate cancer risk.

The awareness program also included interactive sessions, allowing attendees to engage with experts, ask questions, and discuss personal concerns related to women's health. By fostering an open dialogue and providing access to crucial information, GGCP aims to empower women with the knowledge and resources needed to take proactive steps in managing their health. The event reflects GGCP's commitment to enhancing community health and supporting women's well-being through education and awareness.

Report on Webinar on Addressing Gender Discrimination and Bias in Academic Environments

Date: 9thApril 2021

Time: 9:00 AM

Location: Auditorium

On 9th April 2021, Gurugram Global College of Pharmacy (GGCP) hosted a virtual workshop titled "Addressing Gender Discrimination and Bias in Academic Environments," led by Prof. (Dr.) Indira Raheja, Principal & Head of Department (Pharmaceutics). The webinar was in hybrid mode aimed to explore and address the various forms of gender discrimination and bias that can occur in academic settings. Prof. Raheja provided an insightful keynote address on the nature and impact of gender bias, highlighting how it can manifest as unequal opportunities and systemic barriers that affect academic and professional advancement, particularly for women.

The session included interactive discussions, case studies, and role-playing exercises designed to help participants recognize and tackle gender bias effectively. Attendees engaged in practical activities to develop strategies for promoting gender equity, such as fair evaluation practices and supportive mentorship programs. The workshop concluded with a Q&A session, where participants received expert guidance on addressing specific issues related to gender discrimination. Overall, the workshop successfully raised awareness and equipped attendees with the tools needed to foster a more inclusive and equitable academic environment.

Report on Gender Sensitization Program: "Dialogue & Engagement"

Date: 06 May 2022

Timing: 9:00 AM

Duration: 03 Hours

Venue: C2 Block Auditorium

On 6th May 2022, Gurugram Global College of Pharmacy (GGCP) organized a Gender Sensitization Program titled "Dialogue & Engagement." This program aimed to foster a deeper understanding of gender issues through open dialogue and interactive engagement. The event featured a series of presentations and discussions led by experts in gender studies, who addressed various aspects of gender sensitization, including overcoming stereotypes, addressing biases, and promoting gender equity in academic and professional settings.

The program included interactive sessions where participants engaged in group discussions and role-playing exercises to explore and address real-life scenarios related to gender sensitivity. Attendees actively participated in these activities, gaining practical insights and strategies for fostering an inclusive and respectful environment. By facilitating meaningful conversations and providing actionable tools, the "Dialogue & Engagement" program successfully enhanced participants' awareness of gender issues and encouraged them to contribute to a more equitable and supportive community at GGCP.

Report on Women Empowerment

Date: 05th April 2023

Time: 9AM Onwards

Venue: Narsinghpur, Farrukhnagar, Haryana

On 5th April 2023, Gurugram Global College of Pharmacy (GGCP) hosted an event focused on "Women Empowerment" at Narsinghpur, Farrukhnagar, Haryana. This event is designed to celebrate and promote the empowerment of women by addressing critical issues related to gender equality, leadership, and personal development. The program featured keynote speeches by prominent speakers and interactive sessions aimed at educating and inspiring participants about the importance of women's empowerment in various spheres of life.

The event included workshops and panel discussions that cover a range of topics such as breaking barriers, building self-confidence, and creating opportunities for women in education and the workforce. By providing a platform for dialogue and learning, GGCP aims to support and uplift women in the community, encouraging them to take proactive steps towards achieving their personal and professional goals. Through this initiative, GGCP seeks to foster

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a supportive environment that champions gender equality and empowers women to thrive in all aspects of their lives.

Report on Legal Awareness Camp on Women Empowerment

Date: 19th April 2023

Time: 9AM Onwards

Venue: GarhiHarsaru, Gurugram, Haryana

On 19th April 2023, Gurugram Global College of Pharmacy (GGCP) hosted a "Legal Awareness Camp on Women Empowerment" at GarhiHarsaru, Gurugram, Haryana. The camp aims to provide crucial information and resources related to legal rights and protections available to women. The event featured presentations by legal experts and representatives from women's rights organizations, who discussed various legal aspects concerning women's empowerment, including rights against discrimination, domestic violence laws, and avenues for legal redress.

Participants had the opportunity to engage in interactive sessions, ask questions, and receive personalized advice on legal matters affecting women. The camp is designed to enhance awareness about legal protections and support systems, empowering women with the knowledge needed to navigate legal challenges and advocate for their rights effectively. Through this initiative, GGCP seeks to strengthen the community's understanding of women's legal rights and promote a more informed and equitable environment for all.

Report on Camp to Prevent Women Harassment

Date:23rd August 2023

Time: 9AM Onwards

Venue: Harinagar, Farrukhnagar, Haryana

On 23rd August 2023, Gurugram Global College of Pharmacy (GGCP) hosted a "Camp to Prevent Women Harassment" at Harinagar, Farrukhnagar, Haryana. This camp is dedicated to raising awareness and providing practical solutions to prevent harassment against women. The event featured sessions led by experts in gender studies, law enforcement, and women's rights advocacy, focusing on identifying harassment, understanding legal protections, and developing strategies for personal safety and empowerment.

Attendees participated in workshops and discussions aimed at educating them on recognizing and addressing harassment in various settings, including workplaces, educational institutions, and public spaces. The camp also offered resources and support services for victims of harassment. By fostering a proactive approach to preventing harassment and promoting safety, GGCP aims to create a more supportive and respectful community environment.

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Value Added Course on Gender Sensitization



Reference: VAC/GGCP/2018-19/02 Date: 26-05-2019

NOTICE

We are pleased to announce the commencement of a value-added course on "Gender Sensitization" at GGCP (Gurugram Global College of Pharmacy). This course aims to raise awareness of Gender equality concerns and encourage behavior modification.

Course Details:

• Course Title: "Gender Sensitization"

• **Duration:** From 1st June 2019 to 29th June 2019 (Every Saturday / 6 hours)

• **Time:** 9:30 A.M to 4:00 P.M

• Venue: GGCP Campus, Seminar Hall

• Applicable for: B. Pharmacy 2nd Semester

• Last Date of Registration: 30th May 2019

Prof. (Dr.) Indira Raheja Principal

Copy to: -

- 1. Chairman office, for kind information please.
- 2. Admin office/ Office of the Registrar
- 3. All HOD's for necessary action
- 4. Notice Boards
- 5. Office File

Report on

Value Added Course on "Gender Sensitization"

Date: 1 st June 2019 to 29 th June 2019 (Every Saturday / 6 hours)		
Timing: 09.30 A.M. to 4.00 P.M.		
Duration: 30 Hours		
Venue: Seminar Hall, Pharmacy Department		
Program & Semester: B. Pharmacy 2 nd Sem./1 st Year		
Certificates will be awarded on successful completion of the course.		
Course Coordinator: Ms. Dolly Rani		
	Coordinator Signature: Date:	

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COURSE DETAILS

Course Type Value Added Course

Name of the Course Gender Sensitization

Course Offered To B. Pharmacy2nd Sem./1st Year

Course Duration 1st June 2019 to 29th June 2019

(Every Saturday / 6 hours)

Total Duration 30 Hrs.

Mode of Teaching Offline

No. of Attendees who 60

participated in the course

No. of students who completed the course 56

Course Coordinator Ms. Dolly Rani

Course Instructor Ms. Dolly Rani

COURSE OBJECTIVES:

- 1. **Critical Understanding of Gender:** Students will develop a critical understanding of the concept of gender, including its fluidity, social construction, and the implications of gender norms and roles on individuals and society.
- 2. **Analysis of Gender Stereotypes and Bias:** Students will analyze the pervasive nature of gender stereotypes and biases in various contexts, including media, education, and workplaces, and understand their impact on perpetuating inequality and discrimination.
- 3. **Intersectionality and Inclusivity:** Students will explore the intersectionality of gender with other social identities such as race, class, sexuality, and ability, and recognize the importance of addressing multiple forms of discrimination to promote inclusivity and social justice.
- 4. **Empathy and Respect for Diverse Identities**: Through engaging discussions and activities, students will develop empathy and respect for diverse gender identities and expressions, fostering a more inclusive and accepting environment.
- 5. **Strategies for Creating Inclusive Communities**: Students will identify strategies and best practices for creating inclusive communities and institutions that embrace gender diversity and challenge discriminatory practices.
- 6. Advocacy and Action: Empowered with knowledge and awareness, students will be equipped to become advocates for gender equality and social justice, engaging in meaningful actions to promote positive change in their communities and beyond.

COURSE OVERVIEW:

1. Understanding Gender

Students delve into foundational concepts of gender, including its social construction and the historical evolution of gender roles and expectations. Through engaging discussions, they explore the complexities of gender beyond binary frameworks, laying the groundwork for a nuanced understanding of gender identity and expression.

2. Gender Stereotypes and Bias

This week focuses on the examination of pervasive gender stereotypes and biases present in media, culture, and everyday interactions. Students analyze the impact of these stereotypes on various aspects of life, such as education, employment, and interpersonal relationships, and explore strategies for recognizing and challenging unconscious bias.

3. Intersectionality and Gender

Students explore the intersectionality of gender with other social identities, such as race, class, sexuality, and ability. Through an intersectional lens, they examine the compounding effects of multiple forms of discrimination and oppression, and discuss approaches to address intersecting inequalities in inclusive and holistic ways.

4. Fostering Inclusive Communities

This week focuses on practical strategies for creating inclusive environments and supporting gender diversity within institutions and communities. Students learn how to cultivate safe spaces for individuals of all gender identities, address gender-based violence and harassment, and promote ally ship and solidarity.

5. Advocating for Gender Equality

Students are empowered to become agents of change through advocacy and activism for gender equality. They explore effective advocacy strategies, engage in difficult conversations about gender and identity, and identify opportunities for collective action and social transformation within their spheres of influence.

Through this course, students emerge as informed and empowered advocates for gender equality, equipped with the knowledge, skills, and empathy to effect positive change in society.

COURSE OUTLINE:

Week 1: Understanding Gender (6 hours)

- Session 1 (2 hours): Introduction to Gender Concepts and Terminology
- Session 2 (2 hours): Historical Perspectives on Gender Roles and Expectations
- Session 3 (2 hours): Gender as a Social Construct: Beyond Binary Thinking

Week 2: Gender Stereotypes and Bias (6 hours)

- Session 4 (2 hours): Exploration of Gender Stereotypes in Media and Culture
- Session 5 (2 hours): Impact of Gender Bias on Education, Work, and Relationships
- Session 6 (2 hours): Unconscious Bias and its Role in Perpetuating Inequality

Week 3: Intersectionality and Gender (6 hours)

- Session 7 (2 hours): Intersectionality: Understanding the Complexity of Identity
- Session 8 (2 hours): Intersections of Gender with Race, Class, Sexuality, and Ability
- Session 9 (2 hours): Addressing Multiple Forms of Discrimination and Oppression

Week 4: Fostering Inclusive Communities (6 hours)

- Session 10 (2 hours): Promoting Gender Diversity and Inclusivity in Institutions
- Session 11 (2 hours): Creating Safe Spaces for Gender Non-Conforming Individuals
- SESSION 12 (2 hours): Supporting Victims of Gender-Based Violence and Harassment

Week 5: Advocating for Gender Equality (6 hours)

- Session 13 (2 hours): Strategies for Effective Advocacy and Ally ship
- Session 14 (2 hours): Engaging in Difficult Conversations about Gender and Identity
- Session 15 (2 hours): Taking Action: Initiatives for Gender Equality in Communities



SYLLABUS

Course name: Gender Sensitization

Type of course: Value Added Course

Total number of lectures: 30 Hours

Course Description: "Explore gender dynamics, challenge stereotypes, and advocate for inclusivity in this comprehensive Gender Sensitization course."

Learning objective:

- 1. Gain a deep understanding of the concept of gender, including its fluidity and social construction, to foster nuanced perspectives.
- 2. Analyze and critique prevalent gender stereotypes and biases across various contexts, such as media, education, and workplaces.
- 3. Recognize the intersectionality of gender with other social identities, such as race, class, sexuality, and ability, and understand how these intersections shape experiences of discrimination.
- 4. Develop practical strategies for creating inclusive communities and institutions that support gender diversity and challenge discriminatory practices.
- 5. Empower students to become advocates for gender equality and social justice through effective communication, ally ship, and action-oriented initiatives.

COURSE OUTCOME

- 1. Enhanced awareness and sensitivity towards diverse gender identities and experiences, fostering a culture of respect and inclusivity.
- 2. Critical analysis and deconstruction of gender stereotypes and biases, leading to a more informed and conscious approach to interpersonal interactions and societal structures.
- 3. Increased understanding of intersectionality, enabling students to recognize and address the intersecting forms of discrimination and oppression faced by individuals with multiple marginalized identities.
- 4. Acquisition of practical skills and strategies for creating inclusive environments and advocating for gender equality in personal, academic, and professional settings.
- 5. Empowerment to actively engage in social change efforts, utilizing knowledge and advocacy tools to challenge systemic injustices and promote a more equitable society for all genders.

DAILY CLASS REPORT:

Day	Date	Topic	Activities	Summary of Discussion / Key Points
Day 1	1-06-2019	Understanding Gender	- Introduction to gender concepts and terminology, Historical perspectives on gender roles, Gender as a social construct	Students gained a foundational understanding of gender as a spectrum and the historical context of gender roles. Discussions highlighted the fluidity of gender and the need to move beyond binary thinking.
Day 2	8-06-2019	Gender Stereotypes and Bias	- Exploration of gender stereotypes in media and culture, Impact of gender bias on education, work, and relationships, Unconscious bias and its role in perpetuating inequality	Students critically analyzed prevalent gender stereotypes and biases, identifying their impact on various aspects of life and exploring strategies to challenge unconscious bias.
Day 3	15-06-2019	Intersectionality and Gender	- Understanding intersectionality, Intersections of gender with race, class, sexuality, and ability, Addressing multiple forms of discrimination and oppression	Students examined the complex interplay of gender with other social identities and discussed approaches to address intersectional discrimination and oppression in inclusive ways.
Day 4	22-06-2019	Fostering Inclusive Communities	- Promoting gender diversity and inclusivity in institutions, Creating safe spaces for gender non-conforming individuals, Supporting victims of gender-based violence and harassment	Students explored practical strategies for creating inclusive environments and supporting gender diversity, emphasizing the importance of safe spaces and victim support services.
Day 5	29-06-2019	Advocating for Gender Equality	- Strategies for effective advocacy and allyship, in difficult conversations about gender and identity, Taking action: Initiatives for gender equality in communities	Students learned how to become effective advocates for gender equality, practicing communication skills and discussing actionable steps to promote social change within their communities.
		Culminating Project	- Group projects: Designing and implementing gender sensitization initiatives, Presentations and reflections on the learning journey	Students collaborated on group projects to design and implement gender sensitization initiatives, presenting their work and reflecting on their learning journey throughout the course.



REPORT

At "Gurugram Global college of Pharmacy" we focus on overall development of the students, personnel improvement and health skills and other social parameters likes gender equality and gender sensitization.

Details:

No. of Attendees who 60

participated in the course

No. of students who completed the course 56

Gender sensitization initiatives are crucial endeavors aimed at fostering inclusive environments and challenging systemic inequalities. These programs serve as vehicles for increasing awareness and understanding of the complexities surrounding gender dynamics, with the overarching goal of promoting respect, empathy, and equality for individuals of all genders.

Throughout the duration of a gender sensitization course, participants engage in a multifaceted exploration of gender-related topics. A central focus lies in the critical analysis of stereotypes and biases that perpetuate gender inequality. Through interactive discussions, participants are encouraged to interrogate societal norms and recognize the diverse spectrum of gender identities and expressions. By challenging these preconceptions, individuals are empowered to advocate for change and contribute to the creation of safer and more inclusive communities.

One of the primary outcomes of gender sensitization initiatives is the heightened awareness among participants. As they delve into topics such as gender identity, roles, and stereotypes, individuals gain a deeper understanding of the nuanced nature of gender. This increased awareness serves as a foundation for fostering empathy and respect for individuals of all gender identities, ultimately contributing to a more inclusive and accepting society.

Moreover, gender sensitization initiatives aim to facilitate attitude change among participants. By confronting deeply ingrained stereotypes and biases, individuals are prompted to reevaluate their beliefs and perceptions. Through exposure to diverse perspectives and experiences, participants develop a greater appreciation for the unique challenges faced by different gender groups. This shift in attitude towards greater acceptance and respect for diversity is instrumental in creating environments where all individuals feel valued and affirmed.

Beyond mere awareness and attitude change, gender sensitization initiatives also seek to catalyze behavioral shifts. Participants are encouraged to translate their newfound knowledge and understanding into action, both in their personal and professional lives. This may involve challenging discriminatory practices, promoting inclusivity within their communities, or advocating for policy changes that advance gender equality. Through these proactive efforts, individuals contribute to the gradual dismantling of systemic barriers and the creation of more equitable societies.

Importantly, gender sensitization initiatives empower participants to become agents of change in their communities. Equipped with the knowledge, skills, and confidence gained from the course, individuals are emboldened to speak out against injustice and advocate for the rights of marginalized gender groups. By amplifying their voices and taking collective action, participants play a pivotal role in driving broader social change towards gender equality.

In conclusion, gender sensitization initiatives play a vital role in promoting respect, inclusivity, and social justice for all genders. Through increasing awareness, fostering attitude change, catalyzing behavioral shifts, and empowering advocacy, these initiatives contribute to the creation of more equitable and inclusive societies. As individuals continue to engage in these transformative endeavors, they pave the way for a future where gender diversity is celebrated and all individuals can thrive.

ASSESSMENT:

- Participation in class discussions and activities
- Written reflections on course readings and discussions
- Group project presentation and report